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FARM TABLE RECIPES

Food, A5

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THURSDAY, JUNE 4, 2020

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Photos by Don Campbell / HP staff

Justine Ruiz washes the patio and sidewalks at The Livery in downtown Benton Harbor in preparation for next week's opening. Gov. Gretchen Whitmer is now allowing restaurants to open under certain guidelines due to the COVID-19 pandemic.

Back to the table

Restaurants prepare for return of indoor service

By TONY WITTKOWSKI
HP Staff Writer

For the first time in three months, Southwest Michigan restaurants will be able to offer more than delivery or takeout.

On Monday, Gov. Gretchen Whitmer announced she is lifting the state's stay-home order next week, thus easing restrictions on businesses and public gatherings that were put in place due to the COVID-19 pandemic.

Under the new guidelines, stores will be able to have

See **RESTAURANTS**, page A2

Simon Rush, owner and head brewer at The Livery in downtown Benton Harbor, on Thursday sands picnic tables that will be used in an expanded outdoor-seating area. Rush said The Livery won't reopen to inside dining right away.

Berrien is a state leader in virus testing, tracing

By ALEXANDRA NEWMAN
HP Staff Writer

BENTON TOWNSHIP — Berrien County is among the counties leading Michigan when it comes to COVID-19 testing per capita, according to data given to the state's health departments this week.

"We didn't expect that. We knew we were testing rich, but we didn't know we were No. 1," Berrien County Health Department (BCHD) Medical Director Rick Johansen told the Berrien County Board of Health on Wednesday morning.

He said testing being done by Spectrum Health Lakeland and InterCare Community Health Network really boosted the county's total, along with testing done to attendees of the Sandi Patty concert in Berrien Springs in March.

BCHD Spokesperson Gillian Conrad said Berrien County is approaching 8,000 tests to date.

Johansen said when health department officials analyzed this data, some of the numbers really surprised them.

"We tested twice the percentage as Genesee County, where Flint is," he said. "You would think there would be robust testing there, but we out-tested them and many other places."

Johansen said this is cause for celebration because it means the county has done a lot of work.

"That's why our contact tracing numbers are so good," he said.

Contact tracing

Guy Miller, the BCHD epidemiologist, said the county has been outperforming the state when it comes to contact tracing and case investigation metrics as well.

"We've even found errors in the state system," he said.

The state measures the instances of an interview with a COVID-19 positive person being attempted in the first day, the interview completed in the first day, at least one contact elicited in the first day, and race/ethnicity documented within one week.

Just for interviewing the patient on the first day, Berrien County has a seven-day average of 84 percent, while the state is at 51 percent.

Miller said his team has typically been working normal eight-hour days, but that they're working seven days a week – having people rotate working weekends.

Nicki Britten, health officer for the BCHD, said the health department is seeing a rise in the number of contacts people are having as things start to open back up.

She said the contact tracers and case investigators are making about 200 to 300 calls a day and following hundreds of people at any given time.

The health department is working to hire about five temporary people to ramp up tracing and case investigation even more, as its public health nurses get back to their regular jobs.

"We're still in assessment mode because we don't want to over-staff, but we want to be able to quickly gear up if we have a cluster of cases pop up," Britten said.

Death data

As previously reported, Berrien County has recorded more than 100 cases of COVID-19 in its skilled

See **BERRIEN**, page A2

Panel OKs $1.2B coronavirus bill; visitation rules relaxed

By DAVID EGGERT
Associated Press

LANSING — Michigan lawmakers advanced a bill Wednesday that would allocate more than $1.2 billion in federal coronavirus relief funding, including $200 million to help small businesses restart as stay-at-home restrictions are loosened.

The state, meanwhile, relaxed rules so people can visit patients in hospitals and accompany them to physicians' offices as long as they are screened. Gov. Gretchen Whitmer rescinded an order that allowed governments to delay responses to public-records requests during the emergency, effective June 11.

Budget bill

The $1.2 billion supplemental budget legislation unanimously cleared the House Appropriations Committee, which added $700 million that was not included in a Senate-passed version. The measure would set aside $500 million in case the unemployment benefits

See **MICHIGAN**, page A10

Tourist towns balance fear, survival

By GILLIAN FLACCUS
Associated Press

CANNON BEACH, Ore. — As the coronavirus raced across America, this quaint seaside town did what would normally be unthinkable for a tourist destination.

Spooked by a deluge of visitors, the tiny Oregon community shooed people from its expansive beaches and shut down hundreds of hotels and vacation rentals overnight. Signs went up announcing that the vacation getaway 80 miles from Portland known for towering coastal rock formations was closed to tourists – no exceptions.

"It was unprecedented," said Patrick Nofield, whose hospitality company Escape Lodging owns four hotels in Cannon Beach and abruptly laid off more than 400 employees in March. "We really went into survival mode."

Now, with summer looming and coronavirus restrictions lifting, the choices facing Cannon Beach are emblematic of those confronting thousands of other small, tourist-dependent towns nationwide that are struggling to balance their residents' fears of contagion with economic survival. It's a make-or-break summer in these vacation spots – and the future is still terrifyingly unclear.

Gillian Flaccus / AP

People visit a beach in front of Haystock Rock during the coronavirus outbreak in Cannon Beach, Ore., on May 28. With summer looming, Cannon Beach and thousands of other small, tourist-dependent towns nationwide are struggling to balance fears of contagion with their economic survival in what could be a make-or-break summer.

"How do you regulate people inundating your town on a day-to-day basis?" Nofield said. "One of the great things about Oregon is our beaches are free to all. We don't want to take away people's rights, but how do we manage it and still stay safe? That's the thing."

Answering that question is especially critical for small, rural towns like Cannon Beach, which are too far from major cities to benefit from their economies and remote enough that they worry about medical care should infections spike again. Far-flung communities that are gateways to national parks or fly fishing or hiking destinations have similar concerns, said Carl Winston, director of the Payne School of Hospitality and Tourism at San Diego State University.

"How do you diversify if you are Cannon Beach and all the others? There's not a lot of possibility there," said Winston, who has watched his students' summer internships in resort towns dry up. "The question is, how much is survivable for them?"

Clatsop County, which is home to Cannon Beach and other small coastal towns, has just 45 confirmed cases of the coronavirus so far. But Portland – Oregon's largest city – is less than two hours away and saw its hospitals overwhelmed with COVID-19 patients during the pandemic's peak. Hundreds of tourists also come to Cannon Beach from Seattle, where the virus first took hold in the U.S.

The annual influx of visitors is a concern for this tight-knit community, best known for the

See **TOURISM**, page A2

The Newspaper for Southwest Michigan

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Tomorrow's Weather

High 76 Low 63

6 50645 49085 0

BERRIEN

From page A1

nursing, long-term care facilities.

Johansen said 33, or about 63 percent, of the county's COVID-19 deaths have been residents in these facilities.

"There were at least two others who were hospice patients, so you can say that pretty much two-thirds of our deaths were people under care," he said.

He also reported that the average age of the 53 people who have died is 80, with the median age at 83 – ages significantly higher than the rest of the state.

An anecdotal reason for that, outside of the disease affecting older people more, is that there are a large amount of long-term care facilities in Berrien County, according to Johansen.

He said every single one of the deaths Berrien County has seen, the person had at least two comorbidities – two chronic diseases or conditions.

"More than half of the deaths had three comorbidities," Johansen said.

In addition, he said most people have died in the hospital, though some have died at home during the night.

Wednesday count update

Berrien County added seven COVID-19 cases and no deaths Wednesday.

Due to an internet outage, other local data was not updated on Wednesday.

Spectrum Health Lakeland was treating eight COVID-19 patients as of Wednesday morning, one more than on Tuesday.

Cass County added one COVID-19 case Wednesday, bringing its total to 84 cases. The county still has three deaths.

Van Buren County added two cases, bringing its total to 149 cases. The county still has six deaths.

Local COVID-19 numbers and information can be found at www.bchdmi.org, and at www.vbcassdhd.org/covid-19. For state numbers, visit www.michigan.gov/coronavirus.

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TOURISM

From page A1

iconic coastal formation Haystack Rock and where a large percentage of its 1,700 year-round residents are older and more susceptible to COVID-19. That was one of the factors influencing the decision to shut down the town so abruptly after huge crowds swarmed its beaches on a warm March weekend, said Jim Paino, executive director of the Cannon Beach Chamber of Commerce.

The City Council held an emergency meeting and took immediate action, making headlines across the region a day before Gov. Kate Brown issued her own statewide stay-at-home order on March 23.

"The big fear is the people who don't respect the safety measures. That was probably the biggest fear in our community at the moment – and it is still," Paino said. But "the businesses are what drive our economy, and if we lose too many, we're going to lose the character of Cannon Beach and the reason everybody loves coming here."

LOTTERIES

Wednesday drawings

Michigan
Classic Lotto 47
02-04-29-30-31-39
Poker Lotto
JC-KC-6C-4D-10S
Midday Daily 3
0-5-3
Midday Daily 4
1-4-1-6
Daily 3
1-3-9
Daily 4
1-4-8-7
Fantasy 5
04-07-20-25-37
Keno
03-04-09-10-11-13-15-21-23-26-31-37-53-55-58-59-63-68-70-75-78-80
Mega Millions jackpot
$378 million
Powerball jackpot
$135 million

Tuesday drawings

Michigan
Mega Millions
09-20-23-26-29, Mega Ball: 8, Megaplier: 3
Indiana
Cash 5
08-25-27-37-41
Estimated jackpot
$80,000
Cash4Life
06-11-12-29-38, Cash Ball: 3
Quick Draw Midday
02-11-12-13-23-24-25-26-29-30-39-42-43-49-53-58-59-69-76-79, BE: 26
Daily Three-Midday
1-8-7, SB: 6
Daily Three-Evening
0-5-2, SB: 8
Daily Four-Midday
8-7-3-4, SB: 6
Daily Four-Evening
9-8-6-1, SB: 8
Quick Draw Evening
02-03-06-08-18-25-30-33-34-37-38-42-55-61-69-71-72-73-74-77, BE: 72
Illinois
LuckyDay Lotto Midday
02-16-27-38-43
Estimated jackpot
$250,000
Pick Three-Midday
8-9-1, Fireball: 9
Pick Three-Evening
5-2-2, Fireball: 3
Pick Four-Midday
3-6-6-2, Fireball: 1
Pick Four-Evening
0-1-0-1, Fireball: 2
Lucky Day Lotto
08-22-31-33-37
Estimated jackpot
$300,000

– The Associated Press

RESTAURANTS

From page A1

customers without appointments and restaurants will be able to have customers dine in – but social distancing requirements remain in place, requiring limited capacity.

Management at Coach's Bar and Grill in Stevensville has prepped for the return to dine-in service this week by reviewing the layout of the eatery.

Manager Sarah Poziwilko said they've begun to separate tables to account for social distancing. She said they believe carryout will still be viable at a high capacity, as some customers may at first be tepid about returning to restaurants.

While restaurants will be limited to 50 percent of their normal capacity, Poziwilko said they may have guests sit in their cars when waiting for a table.

"We have to make it where it's safe for everybody, but we don't want it to be uncomfortable for customers," Poziwilko said. "There are a lot of different opinions and it's a lot to take in. But we're excited."

In an effort to be prepared for next week, Poziwilko said they are considering a soft opening for select members in an effort to get their feet underneath them after a three-month break.

Staff at Coach's will be expected to wear masks, but gloves are still being discussed.

As a point of reference, Poziwilko visited Indiana restaurants that opened this month to see how other eateries are adjusting to the post-quarantine environment.

She's also spoken to restaurants and distributers in Northern Michigan, which opened first in the state. Based on what she's noticed, Poziwilko said they plan to pay attention to the tables that aren't being used for guests. That means anything from using them as display areas to wiping them down as often as tables being used.

"There's the factor of the food as well. Restaurants have had problems getting food in. We're going down to a limited menu as price for food has gone up," she said. "We're going to adjust the menu weekly to fit in the demand. A lot of people have been unemployed, so we don't want to raise prices."

Don Campbell / HP staff

221 Main, located in downtown St. Joseph, is applying to the city for permission to allow outdoor-street dining along the side of the restaurant.

Being cautious

The state has noted that coronavirus cases and deaths have dropped sharply while treatment capacities at hospitals and other health-care facilities have improved.

Whitmer moved 93 percent of the state into phase four of the reopening plan, with hopes to move to phase five by July 4. In addition to stores and restaurants being able to open up to customers, day camps and pools will be open as well.

Not every business is eager to reopen inside dining next week. Some are looking for alternatives, as the state still has certain restrictions in place for workers.

Simon Rusk, owner and head brewer of The Livery, said his biggest concern is the safety of his employees.

Based on several internal discussions, Rusk said they chose to not open the indoor service area just yet. However, the Benton Harbor brewery will significantly expand its outdoor beer garden service next week.

With the option of adding another tent, Rusk said he expects to take up about half The Livery's parking lot. They will continue to provide online orders and pickup services for customers who are hesitant to dine in public.

"Everyone is free to make those judgments on their own, but for the safety of our employees, limiting the interior to just us makes us more comfortable," Rusk said. "I also wonder how safe people will feel inside. Most people eating here won't be able to wear a mask. We feel the potential viral overload inside, even if we have windows open, could get too high."

The Livery is printing some paper menus, but their focus will be to have people use the online ordering system to reduce how many people touch menus.

Not only will the brewery's staff wear masks, Rusk said they will ask patrons to wear masks when they're not eating or drinking. He said they plan to also limit the number of people who go in at a time to use the restroom.

"I'm optimistic that we will continue to learn more about the virus and be able to come to a point we're its reasonable for us to behave in a more normal fashion," Rusk said. "Our business is dependent on live music and performances. As it stands right now, those things are on hold and I'm not sure how long they're on hold for. We're looking into hosting outdoor concerts, but there's still a lot to consider."

Rusk admitted the last three months have been challenging for The Livery and its staff. But he's glad to reopen in this fashion as the warmer weather hits Southwest Michigan.

"I certainly need to improve our sales in order to continue to thrive and be in business," he said. "I think it's very important to get back to being able to serve people and sell some beer and pizza. It becomes a question of whether the current model is sustainable."

The waiting game

Robert Montgomery, owner and general manager of 221 Main Restaurant and Cocktail House, said he's optimistic but is moving forward in a cautious manner.

The St. Joseph restaurant will reopen on June 24, rather than next week.

In addition to using the down time to complete some projects, Montgomery said they wanted to wait and see how the general public responds to reopening in Berrien County.

"You have to be careful about reopening. If you overstep it, it can be costly," he said. "The restaurant industry is challenging. So there's a balancing act between staffing and ordering. All your bills go straight through the roof. On top of the safety changes, a lot of menus will change and be a lot smaller to control their cost."

From a business standpoint, Poziwilko said she wonders if there will be enough people who come out to eat during the first month.

"Putting labor on the clock, you have to pray there will be enough sales for this to work and be profitable," Poziwilko said. "I'd love to see the tourism come back. I want to see our economy pick up and move again. We've already been through an economic crash a couple years ago."

When 221 Main does reopen, employees will have their temperatures taken when they come into the building, staff will wear masks, tables will be spread out and plenty of hand-washing stations will be available.

Montgomery said he is working with the city of St. Joseph to implement street dining. It has not been finalized yet, but he said it would include fenced-off tables outside.

"People are going to feel a lot more comfortable in an outdoor setting," he said.

Based on his conversations with other owners in the region, Montgomery said there is an even divide regarding how businesses should go about reopening. However, state guidelines aren't as relaxed as some wish they were.

"The feelings on all of this is very mixed. A third of the people believe this is a serious problem. Another third think this is being overblown. Another third is in the middle and doesn't lean either way," Montgomery said. "I don't look at this as the new normal. I look at this as the normal – for now. It might be six months or two years, but things will return to normal."

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hp LOCAL & STATE

SOUTH HAVEN

Overton housing project moves forward

By BECKY KARK
For The Herald-Palladium

SOUTH HAVEN — If all goes well, more affordable housing could be available in South Haven within the next year or two.

City council members this week gave the green light to consultant Ryan Kilpatrick of Housing Next to proceed with accepting proposals from developers to partner with the city in building a variety of housing stock on the former Overton factory site.

"The process we're proposing is to reach out to developers and make sure they have the right qualifications that the city would like to see," Kilpatrick said. Those qualifications would include developers who have a proven track record of building townhomes and multi-unit housing for a middle class demographic at attainable prices and developers who possess sound financial backing to do so.

Developers have until the end of July to submit proposals. Housing Next and city officials will then evaluate the proposals, announce a handful of finalists and then select a developer in the fall

"Our goal by November is to select a developer," Kilpatrick said. "They then can begin working on a site plan, and hopefully we'll have a spring 2021 construction groundbreaking."

City council members indicated they were pleased with the timeframe for developing the Overton site for residential homes.

"We have heard it over and over again: 'We need housing,'" Mayor Scott Smith remarked. "This is not going to fix all of our housing needs but it is a step closer to getting those housing needs addressed."

The city-owned Overton site, at 229 Elkenburg St., consists of four acres of land, located several blocks from Lake Michigan, near the Van Buren recreational trail, in what is considered a transitional area from the older industrial section of town to residential neighborhoods nearby.

The city demolished the former Overton factory several years ago in the hope of providing more affordable homes for area residents, many of whom can't afford to live within the city limits because of the high price of homes. Homes, on average, in April in the South Haven 49090 zip code sold for $220,000, according to the Southwestern Michigan Association of Realtors. Dwellings in the city of South Haven often sell for much higher prices.

"Because of the flourishing local economy, the housing market near downtown and the lakeshore has seen significant competition from second homeowners hailing from Chicago, Kalamazoo and Grand Rapids," Kilpatrick explained in a brochure he is sending to developers interested in the site. "More housing for the local workforce is sorely needed and the city intends to make the site at 229 Elkenburg available to ensure more housing for local residents can be produced. ... A mixture of townhomes, stacked flats and multi-unit apartments or condominiums are desired for the site."

To help entice prospective developers, the city can offer incentives. Kilpatrick gave several examples of what those incentives might be, including tax credits, brownfield redevelopment financing, or even selling the city-owned property for $1.

But will developers be interested in developing the Overton site? City Manager Brian Dissette believes they will be.

"We've already had at least a half-dozen developers that Kate and I have talked to who have expressed interest," Dissette said, referring to Assistant City Manager Kate Hosier.

THEY HAVE THE MEATS

Photos by Don Campbell / HP staff

Anthony Towns, left, and Kenneth Crowder help members of the St. Joseph-Benton Harbor Elks Lodge 541 as they distribute free frozen meat to the public Wednesday at the Christian Restoration Center in Benton Harbor. Five hundred pounds of sausage and ground beef were purchased through an Elks grant from Clear Water Meats in Eau Claire and handed out to families in need as part of one of the groups yearly donation programs.

Pastor Jamal McGee joins members of the St. Joseph-Benton Harbor Elks Lodge 541 as they give out free frozen meat.

MSA condemns actions that led to death of George Floyd

Abbott, Bailey echo sentiments of MSA

By JULIE SWIDWA
HP Staff Writer

BAILEY

ABBOTT

The Michigan Sheriff's Association has issued a statement condemning the actions that led to the death of George Floyd.

Berrien County Sheriff Paul Bailey and Van Buren County Sheriff Daniel Abbott, two of the 83 elected sheriff's represented by the MSA, said they wholeheartedly agree with the MSA.

"I am sickened by the death of George Floyd at the hands of the Minneapolis police officers," Bailey said. "I condemn their actions leading to Mr. Floyd's death."

Abbott said he, too, was truly disturbed by what he saw take place in Minneapolis. Floyd died after one police officer held his knee on Floyd's neck for several minutes while three other officers looked on.

"Actions like that should never take place. The MSA's statement is right on with what our office stands for," Abbott said.

"Officers are expected to protect the communities they serve. These officers have degraded, disparaged and discredited our profession and broken trust with those we serve – our residents and communities," The MSA Board of Directors said in a written statement.

"It was bad policing and we are deeply disturbed by those images. We want Michiganders to know that these kind of actions will not be accepted or tolerated," the MSA said.

Bailey said the sheriff's association, and his office, support the right of people to protest peacefully.

"We support and will defend their right to do so, and we will protect them from harm while they are peacefully assembled," the sheriff said. "We are proud of our community as it demonstrated great responsibility to maintain peace and order while conducting a protest and march this past weekend. We stand by their message and do not condone, in any manner, the use of unreasonable force by any officer."

Sheriffs in all 83 of Michigan's counties are elected by the people to work for the people, Bailey said.

"We strive every day to earn trust, build relationships, and improve our communities. I pledge to continue to do so," he said.

Sheriff Abbott said the Van Buren County Sheriff's Office trains its divisions throughout the year to make sure the staff performs at a high level so "an incident like (Floyd's death) will never take place at our office or in Van Buren County."

Abbott said he is troubled that people are attacking all of law enforcement due to the actions of four officers.

"You have good and bad in all fields and walks of life, and it is troubling how millions of people are trying to lump all law enforcement into the actions of four officers. I'm proud of our office, all the people who work at it, and our community," Abbott said.

The MSA said Michigan's sheriffs strive to earn trust, build relationships and improve their communities, and pledge to continue to do so.

"We grieve for and stand with Mr. Floyd's family, and call for justice and peace," the association said in its statement. "We stand with those peacefully redressing their government and we stand with those seeking solutions. We seek them too."

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BH remains cool to proposal for girls academy

Planners table latest request

By LOUISE WREGE
HP Staff Writer

BENTON HARBOR — Benton Harbor planning commissioners on Tuesday tabled a request to build the Benton Harbor Girls Academy at 306 Catalpa Ave., saying the necessary fees had not been paid for a new application.

After the meeting, Benton Harbor native Patricia Quattrin, who founded the Benton Harbor Girls Association in 2006 and opened the school in 2010, said she plans to fill out a new application and pay the fees so the project can move forward, even though she doesn't feel she should have to.

Planning commissioners said they denied her previous application last fall, so she has to submit a new one and pay the fees. They said they denied her project because she didn't have professional drawings of what the project will look like, including landscaping and lighting.

Quattrin said planning commissioners tabled her proposal, but never denied it. At Tuesday's meeting, she had new drawings done by Abonmarche of Benton Harbor.

She has been striving to build the school on seven lots the association owns between Pearl, Catalpa and Broadway since at least 2016, when American Electric Power donated 14 modular units to be used as the school until enough money could be raised to build a building.

At Tuesday's meeting, City Manager Ellis Mitchell, who sits on the planning commission, said he doesn't support the use of modular units in the city.

"We're trying to make our home, Benton Harbor, a place ever more inviting to live in, work and do play," he said. "I looked at those trailers on the site where they are and how they were cut open. And I looked under the cover. The question is – is that what we want in our city? I'd rather see her come in and build a structure."

Building Official Chris Nearpass said that once the units are put together and painted, they will look nice.

Quattrin said the trailers were examined by a state official in the fall of 2019.

"The fellow came out. He looked through them all. He said there's nothing wrong with them, and they'd be fine for a school," she said.

In addition, Quattrin said that when she talked with Mitchell a few months ago, he was in support of the units being used as a school.

"At that time, you said it would be fine. You said that modulars are used all over the country for schools," she said.

She said she never would have invested money to have the plans drawn up by Abonmarche if he had told her he was against the project using modular units.

Meanwhile, the modular units are on property owned by her husband along M-139 in Royalton Township.

Royalton Township officials have been working with the Quattrins to have the units removed.

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IN BRIEF

LMC plans virtual commencement Friday

BENTON TOWNSHIP — Lake Michigan College graduates must forego a traditional commencement ceremony this year to protect themselves and their families from COVID-19, but they're still finding ways to safely celebrate graduation.

To mark the college's 73rd annual commencement, LMC has planned three opportunities for 2020 graduates, according to a news release.

A pre-recorded virtual ceremony featuring a number of top school officials, a student speaker, plus several several faculty members will be published June 5 online at lakemichigancollege.edu/2020grads.

The graduates of 2020 will receive degrees from 31 areas of study, 12 certificate programs, totaling 413 associate degrees, one bachelor's degree, and 27 certificates. In all 138 students are graduating with honors, 58 with high honors and 17 with highest honors.

The ceremony includes students who graduated in the summer 2019, fall 2019 and spring 2020 semesters.

On Nov. 14, LMC has scheduled an open house reception for the class of 2020 in the Mendel Center's Grand Upton Hall. LMC also is extending an invitation for 2020 grads to participate in the 2021 commencement ceremony on May 2, 2021.

The Herald-Palladium

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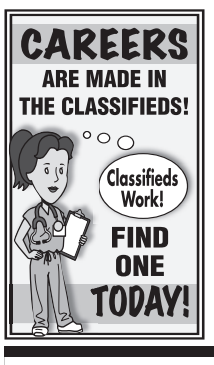

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HOROSCOPE

By EUGENIA LAST

THURSDAY, JUNE 4

Expand your interests and knowledge, and it will lead to new beginnings. An open mind and a predisposition to learn will help you find a novel way to use your skills and initiate change. Don't rely on others. Do your own fact-finding and you will outmaneuver any competition you encounter.

GEMINI (May 21-June 20) An unusual offer will catch you off guard. Don't hesitate. If you don't like what's being presented to you, negotiate until someone grants you precisely what you want.

CANCER (June 21-July 22) Share your enthusiasm but not your ideas. Listen and learn from someone who has more experience, and the valuable information offered will encourage you to pursue your plans.

LEO (July 23-Aug. 22) Stick to your strategy. Clean up unfinished business properly before you move on to something new. An emotional issue will help you realize what you can and should do next.

VIRGO (Aug. 23-Sept. 22) Be creative regarding the way you run your home and how you deal with close relationships. Expand your horizons, and it will help you embrace new beginnings.

LIBRA (Sept. 23-Oct. 23) Pursue what you want. There is no excuse when it comes to being responsible for your happiness. Put a plan in place, and don't stop until you reach your destination.

SCORPIO (Oct. 24-Nov. 22) Take a deep breath and pursue something that intrigues you. Develop unique skills that will give you an advantage when faced with a challenge or competitive situation.

SAGITTARIUS (Nov. 23-Dec. 21) Put your heart and soul into what's important to you. Don't let outside influence come between you and your dream. Make unique plans with someone you love.

CAPRICORN (Dec. 22-Jan. 19) You've got more leverage than you realize. If change is what you want to see implemented, put your plans in motion and don't stop until you are satisfied with the results.

AQUARIUS (Jan. 20-Feb. 19) Tidy up space and put a new strategy in place. It's time for a new beginning, or at least an update to an old plan. A makeover will lift your spirits.

PISCES (Feb. 20-March 20) Be sensitive toward others' needs. Protect against insult, injury and ill health. Live smartly, stay fit and stick to a proper diet. Take charge of your life and your future.

ARIES (March 21-April 19) Look for an unusual opportunity and you will find a new way to use your skills. The benefits you encounter will lead to a positive lifestyle change. Romance is in the stars.

TAURUS (April 20-May 20) Speak up about the way you feel. An articulate account of what you want and expect will be of interest, and a counteroffer that is surprisingly beneficial will take place. Don't hesitate to make a move.

STATE OF MICHIGAN
BEFORE THE MICHIGAN PUBLIC SERVICE COMMISSION NOTICE OF HEARING
FOR THE ELECTRIC CUSTOMERS OF
INDIANA MICHIGAN POWER COMPANY
CASE NO. U-20704

Indiana Michigan Power Company requests Michigan Public Service Commission's approval of its Annual Energy Waste Reduction Reconciliation (EWR), Annual Report, plan year costs and revenues and authority to implement revised EWR surcharge factors for the period January 2019 through December 2019.

The information below describes how a person may participate in this case.

You may call or write Indiana Michigan Power Company, 2425 Meadowbrook Rd., Benton Harbor, MI 49022, 517-367-1242 for a free copy of its application. Any person may review the documents at the offices of Indiana Michigan Power Company.

A pre-hearing will be held:

DATE/TIME: **Tuesday, June 23, 2020 at 9:30 AM**

BEFORE: **Administrative Law Judge Sally Wallace**

LOCATION: **Michigan Public Service Commission**
7109 West Saginaw Highway
Lansing, Michigan 48917

PARTICIPATION: Any interested person may attend and participate. The hearing site is accessible, including handicapped parking. Persons needing any accommodation to participate should contact the Commission's Executive Secretary at (517) 284-8090 in advance to request mobility, visual, hearing or other assistance.

The Michigan Public Service Commission (Commission) will hold a pre-hearing to consider Indiana Michigan Power Company's (I&M) May 1, 2020 application requesting the Commission for approval of: 1) I&M's Energy Waste Reconciliation ("EWR") plan cost reconciliation proceeding for the period January 2019 through December 2019; 2) recovery of I&M's 2019 financial incentive through I&M's EWR surcharge rider; 3) the requested rate adjustment associated with the actual 2019 EWR program costs, financial incentive and carrying costs cumulative surplus balance of $2,317,040; 4) I&M's reconciliation for the 2019 EWR Plan year, the financial incentive, and the associated update to I&M's EWR tariff rates; 5) the revised reconciliation component rates for I&M's EWR surcharge rider effective for bills rendered beginning with the first billing cycle of January 2021 or for bills rendered beginning with the first billing cycle of the month following a Commission Order, whichever is later; and 6) further relief.
All documents filed in this case shall be submitted electronically through the Commission's E-Dockets website at: michigan.gov/mpscedockets. Requirements and instructions for filing can be found in the User Manual on the E-Dockets help page. Documents may also be submitted, in Word or PDF format, as an attachment to an email sent to: mpscedockets@michigan.gov. If you require assistance prior to e-filing, contact Commission staff at (517) 284-8090 or by email at: mpscedockets@michigan.gov.

Any person wishing to intervene and become a party to the case shall electronically file a petition to intervene with this Commission by June 16, 2020. (Interested persons may elect to file using the traditional paper format.) The proof of service shall indicate service upon Indiana Michigan Power Company's attorney, Richard J. Aaron, Dykema Gossett PLLC, 201 Townsend St., Ste. 900, Lansing, MI 48933.

Any person wishing to appear at the hearing to make a statement of position without becoming a party to the case may participate by filing an appearance. To file an appearance, the individual must attend the hearing and advise the presiding administrative law judge of his or her wish to make a statement of position. All information submitted to the Commission in this matter becomes public information, thus available on the Michigan Public Service Commission's website, and subject to disclosure. Please do not include information you wish to remain private.

Requests for adjournment must be made pursuant to Michigan Office of Administrative Hearings and Rules R 792.10422 and R 792.10432. Requests for further information on adjournment should be directed to (517) 284-8130.

A copy of Indiana Michigan Power Company's application may be reviewed on the Commission's website at: michigan.gov/mpscedockets, and at the office of Indiana Michigan Power Company. For more information on how to participate in a case, you may contact the Commission at the above address or by telephone at (517) 284-8090.

Jurisdiction is pursuant to 1909 PA 106, as amended, MCL 460.551 et seq.; 1919 PA 419, as amended, MCL 460.54 et seq.; 1939 PA 3, as amended, MCL 460.1 et seq.; 1969 PA 306, as amended, MCL 24.201 et seq.; 2008 PA 295, MCL 460.1001 et seq., and Parts 1 & 4 of the Michigan Office of Administrative Hearings and Rules, Mich. Admin Code, R 792.10106 and R 792.10401 through R 792.10448..
U-20704

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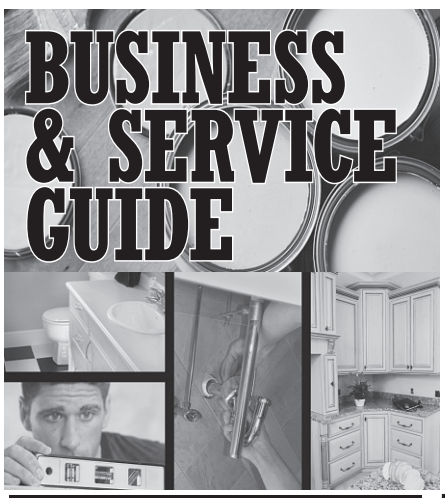

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hp FOOD

4 recipes from 'The Berkshires Farm Table Cookbook'

Jane Ammeson

My friend, Carrie Bachman, who moved from New York City to the Berkshire Hills in Massachusetts sent me a copy of "The Berkshires Farm Table Cookbook: 125 Home-Grown Recipes from the New England Hills" by Elisa Spungen Bildner and Robert Bildner.

Its pages of color photographs feature rolling hills, woods, lakes and farms, as well as farmers, their produce and foods made from recipes based on what the farmers grow.

"This is where I live," she wrote. "Beautiful right?!"

Indeed, it is.

Before Carrie sent me the book, I thought the Berkshires were in New York. And I pictured mountains – maybe because Carrie posts photos of her family skiing.

Being so geographically challenged when it comes to the Berkshires, I decided to do some reading. I discovered I was right about the mountains (there are ski resorts there), but overall it's a rural region with eclectic and charming villages and towns. The farms have romantic names like Cricket Creek, Good Dogs, Blue Hill, Climbing Tree and Hawk Dance.

Take away the skiing, the names and the mountains, and it could be Southwest Michigan. I hope someone writes a book like this about us. In the meantime (though I'm going to suggest farmers here change their names, just in case), "The Berkshires Farm Table Cookbook" is a homage to what our farmers grow and what we eat.

The following recipes are from "The Berkshires Farm Table Cookbook."

Photos provided

German Plum Kuchen is featured in "The Berkshires Farm Table Cookbook."

Maple-Cured Pork Tenderloin

Makes 6 to 8 servings.

Authors' note: Medallions of grilled pork tenderloin are a great summer dish. A side of summer tomatoes or sweet corn along with a few gently grilled potatoes help to complete the meal. Be sure to purchase 1-pound pork tenderloins, rather than a whole pork loin. Juniper berries, so popular in European cooking, are less common in recipes in the United States. If you cannot find any locally, it's worth seeking them out online for their distinctive flavor. This dish needs an overnight brining period, so plan ahead.

4 pork tenderloins (about 4 pounds total)
1/2 cup pure maple syrup
1 cup water
1/4 cup kosher salt
1/4 cup sugar
2 celery stalks, diced
1 carrot, diced
1/2 onion, diced
1 tablespoon juniper berries
2 bay leaves
1 sprig rosemary
Extra virgin olive oil, for grilling
Freshly ground black pepper
1 tablespoon fresh rosemary, finely chopped

Lay the pork tenderloins flat in one layer in a glass rectangular dish.

Combine the maple syrup, water, salt and sugar in a medium bowl, and stir until the salt and sugar have dissolved. Add the celery, carrot, onion, juniper berries, bay leaves and rosemary sprig. Taste to make sure the flavor is evenly balanced between salty and sweet, but not too salty.

Pour over the pork, being sure to tuck the bay leaves and the rosemary sprig down underneath the level of the liquid or between the pork pieces. Cover and refrigerate overnight, turning occasionally.

Heat a grill to medium-high.

Remove the pork from the brine, and discard the brine. Gently blot the pork dry with paper towels. Brush with the olive oil on all sides. Sprinkle with pepper and chopped rosemary.

Grill the pork, turning at regular 3-minute intervals, until medium done, or until a meat thermometer inserted into the center of the pork reads 160 degrees, about 20 to 35 minutes, depending on your grill. Be sure to begin checking the internal temperature early so that it does not overcook.

Remove from the grill, and allow to rest for 5 minutes on a plate, loosely covered with foil.

Slice 1/2- to 3/4-inch thick for serving, and drizzle with any accumulated juices from the resting period.

Cheesy Roasted Cauliflower

Serves 2 as a main course or 4 as a side dish.

1 large or 2 small heads cauliflower (about 2 1/2 pounds)
1 cup extra virgin olive oil
1 tablespoon minced garlic (2 to 3 cloves)
1/2 teaspoon kosher salt
1/2 teaspoon red pepper flakes

Maple-Cured Pork Tenderloin is featured in "The Berkshires Farm Table Cookbook."

2 tablespoons fresh flat-leaf parsley, finely chopped
1/2 cup grated Parmesan

Heat the oven to 400 degrees. Set an oven rack in the center of the oven, and line a half sheet pan with foil to facilitate cleanup.

Remove the leaves from the cauliflower head, and place the head securely on a cutting surface. With a large knife, slice in half. Carefully remove the center stem and set aside. Cut the florets into pieces about the size of your thumb. Cut the stem into 1-inch cubes.

Combine the olive oil and garlic in a large bowl. Add the cauliflower and gently toss to allow the oil and garlic to coat the cauliflower evenly.

Combine the salt, red pepper flakes, parsley and Parmesan in a small bowl. Mix together well. Sprinkle half of the seasonings evenly over the cauliflower, and gently mix to coat.

Spread the cauliflower over the baking sheet, trying to keep it as close to a single layer as possible. Using a spoon or your fingers, sprinkle the remaining seasonings from a height of 12 inches over the cauliflower, which will help distribute the seasonings more evenly.

Bake for 20 to 30 minutes, gently turning the cauliflower halfway through with a spatula. When the cauliflower begins to turn golden and tender, remove from the oven and serve.

German Plum Kuchen

Makes 2 kuchen.

Authors' note: This kuchen, or cake, may seem like it's a lot of fruit, but that's the point. Really the ratio of batter to fruit should be almost 50/50; the batter is just there to hold the fruit together. Kuchen may be made with other stone fruits, including peaches, sweet or sour cherries, apricots or nectarines. And, the recipe can be easily halved to make 1 kuchen.

Cooking spray or unsalted butter, for pans
1 1/2 cups all-purpose flour
2 teaspoons baking powder
1 teaspoon kosher salt
6 large eggs
2 large egg yolks
1 cup canola or sunflower oil
1 1/4 cups sugar, or more if desired
Zest of 1 lemon
1/2 teaspoon almond extract
1/2 teaspoon vanilla extract
1 3/4 to 2 pounds purple or red plums, pitted and cut into quarters or eighths (40 to 48 pieces total)

Heat the oven to 400 degrees, and spray or butter two 8- or 9-inch round cake pans.

Sift together the flour, baking powder and salt into a medium bowl.

Whisk together the eggs, yolks, oil, 1 cup of the sugar, lemon zest, and almond and vanilla extracts in a large bowl. With the whisk, stir the wet ingredients into the dry until just incorporated. Do not overmix.

Pour equal amounts of batter into each pan, and arrange the plum pieces in circles around the edges and in the center of each cake. The plum pieces should be touching as much as possible, and will sink into the batter, but that is fine.

Sprinkle the tops of the kuchen liberally with the remaining sugar, or more if desired, and bake for about 30 minutes, or until the tops are golden and the center of the cakes spring back when touched.

Remove from the oven, and let cool in the pans on a wire rack. Serve at room temperature directly from the pans.

Savory Beet Latkes

Makes about 18 pancakes.

1/4 cup scallions, chopped, white and green parts (about 2 large)
1 tablespoon fresh thyme, chopped
1 teaspoon kosher salt, or more to taste
2 cups red beets, peeled and shredded (2 to 3 medium beets)
1 cup carrots, peeled and shredded (2 to 3 medium carrots)
1 cup celery root, peeled and shredded (1/2 small celery root)
1 cup Idaho or russet potato, peeled and shredded (1 large potato)
1 cup rye or whole wheat flour, or more as needed to hold the raw latkes together
1 cup crumbled soft goat cheese
1 large egg, lightly beaten
2 tablespoons neutral oil, such as canola, plus more as needed, for frying
Sour cream and chopped chives, or applesauce, for garnish (optional)

Prepare a plate with layers of paper towels to drain the pancakes. Place the scallions, thyme, salt, beets, carrots, celery root and potatoes in a large bowl, and mix well. Use a paper towel to gently squeeze out any excess moisture.

Scatter the flour on top of the shredded vegetables, and mix until well incorporated.

Combine the cheese and egg in a small bowl. Fold into the vegetable mixture until well coated.

Heat the oil in a heavy-bottomed skillet over medium heat until shimmering. Working in batches so as not to crowd the pancakes, use a 1/4-cup measure to scoop the vegetable mixture into the skillet. Flatten the mixture gently, using the back of the measuring cup or a spatula, making sure the pancakes do not touch each other.

Fry for 4 to 5 minutes on one side, until browned and crisp, and then flip to fry the other side for the same amount of time, or until browned and crisp.

Transfer the latkes to the lined plate to drain. Repeat until the entire vegetable mixture has been used. If more oil is needed for frying subsequent batches, add as necessary.

Serve the latkes warm with sour cream and chives, or with applesauce, as a garnish.

My daughter, Nia, and her friend, Jill, drove to the Cass County Fairgrounds on Sunday for the drive-thru fair food pick up. Designed to help food vendors who have lost income because of the pandemic, it's a great way to get your fair food fix.

They'll be doing it again June 12-14 for those of us who need our elephant ears, lemonade, sausages, pizza and other favs. It's for a good cause so that makes it even better.

Brenda Smego, executive secretary for the Cass County Fair Association, said there will be 10 new vendors, including Oriental Express, El Amigo and Katie's Sausage Sandwiches. But there still will be elephant ears, thank goodness.

For more information, contact the fairgrounds at 445-8265 or casscountyfair@gmail.com.

Jane Ammeson can be contacted via email at janeammeson@gmail.com or by writing to Focus, The Herald-Palladium, P.O. Box 128, St. Joseph, MI 49085.

The coronavirus is changing the way we shop for groceries

By DANIEL NEMAN
St. Louis Post-Dispatch

It started the first day of the lockdown. Americans raced to the stores and bought every single roll of toilet paper on the planet.

But as we settled into the daily grind of the pandemic, our grocery-store shopping habits continued to evolve. A new survey published by C+R Research shows the dramatic ways we have changed.

Here, sadly, is the most dramatic change of all: Of the more than 2,000 people surveyed, 19 percent said they had witnessed a verbal altercation at a grocery store, and 11 percent said they had witnessed a physical altercation. Eight percent said they had been a participant in a verbal altercation, and 8 percent also said they had been a participant in a physical altercation.

Yes, people are stressed. Yes, the notion of social distancing has particular emotional resonance for a lot of folks who feel their health or their freedom is at stake. But here's the thing: The survey was taken on March 27-28. That was less than two weeks after things started shutting down.

And in less than two weeks, nearly one in five of us had seen people get into an argument at a grocery store, and one in 12 (OK, 12 1/2) of us had been in a verbal or physical fight.

That is just stunning, and it does not speak well of us as a people.

Perhaps the problem is anxiety. Sixty percent of those surveyed reported being fearful to shop at a grocery store, and 60 percent (it may well be the same 60 percent) said they feel a sense of anxiety or panic when they shop. Frayed nerves do not lend themselves to collegial grocery experiences.

Most of us – but not all of us – also are making fewer trips to the grocery store than we did before the onset of the coronavirus. Of those surveyed, 73 percent said they are going to the store less often than before, while 15 percent actually said they are making more trips.

Before the virus, the people surveyed were making an average of 2.3 weekly trips to the grocery store; that number has dropped to once a week now.

Obviously, if we are making fewer trips, we are spending more at the grocery store, from an average of $159 per trip pre-COVID-19 to an average of $184 now. If those amounts seem high to you, or low, remember that these figures are averages; some people are buying for large families, some for themselves.

And there may be another reason the amount of money per trip has gone up, too: Fully half of the people surveyed said they had witnessed price gouging, and 48 percent said they had paid more for certain items.

And what is that money spent on? Forty-seven percent said they had changed their diet or eating habits. Of those who have changed, 47 percent said they are eating more processed foods (20 percent said they are eating less processed foods). Thirty-six percent are eating less produce, while 21 percent are eating more.

Only 14 percent are eating more meat and poultry, while 26 percent are eating less.

Not surprisingly, grocery deliveries have increased three-and-a-half times, while online orders have increased two-and-a-half times.

Even so, only 58 percent of us feel safe handling items from delivery drivers, and 47 percent of us disinfect items once they have been delivered. Fifty-nine percent have stopped ordering takeout and delivery altogether.

Meanwhile, I took a survey of my own, and here is what I learned: One hundred percent of us will be glad when this whole thing is over.

PRIME TIME TV

THURSDAY EVENING JUNE 4

	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30
ABC 7 13 41 57	Wheel of Fortune	Who Wants to Be a Millionaire		Holey Moley (N) CC (DVS)		To Tell the Truth (N) CC (DVS)	
CBS 2 3 22	Ent. Tonight	Young Sheldon	Man With a Plan (N)	:01 Mom CC	Broke (N) CC	S.W.A.T. "Track" CC	
NBC 5 8 16	Ac. Hollywood	Council of Dads "Heart Medicine" (N)		Blindspot "And My Axe!" (N) CC		Law & Order: Special Victims Unit	
FOX 17 22 28 32	Modern Family	Celebrity Watch Party "Episode 5"		Labor of Love (N) CC		Fox 17 News at 10:00PM (N) CC	
PBS 34	Magic Moments: The Best of 50s Pop Musicians perform. CC				Change Your Brain, Heal Your Mind With Daniel Amen, MD		
CW 25	Big Bang Theory	Burden of Truth "No Fathers and Sons"		In the Dark "Codependence Day" (N)		News	Seinfeld CC
MNT 50	Family Feud	Chicago P.D. "Bad Boys" CC (DVS)		Law & Order: Criminal Intent CC		Law & Order: Criminal Intent CC	
WCIU 26	Mike & Molly	Burden of Truth "No Fathers and Sons"		In the Dark "Codependence Day" (N)		2 Broke Girls	2 Broke Girls
WHME 46	:00 Heartland	Heartland "Running Against the Wind"		Highway to Heaven "A Mother's Love"		Nightly News	
WGN 9	News	black-ish	black-ish	Last Man Standing	Last Man Standing	WGN News at Nine (N) (L) CC	
A&E	:00 The First 48	The First 48 "Killer Contact" CC		The First 48 A father of three is executed.		First 48: Case-Haunts Me	
AMC	6:00 ★★ Major League ('89) Tom Berenger. A ragtag team tries to turn its poor performance around. CC						★ Major League II
Animal	Catch	Deadliest Catch A Bairdi quota increase.				Deadliest Catch	
BET	★★ Love Don't Cost a Thing			★★★ Coach Carter ('05) CC			
Big Ten	B1G	Women's College Gymnastics CC				B1G	Gymnas
Bravo	Housewives	Housewives/NYC		Housewives/NYC		Top Chef "Lucca" (N) CC	
Cartoon	Gumball	American	American	American	Rick	Burgers	Burgers
Cinemax	Femme Fatale	★ Robin Hood ('18, Action) Taron Egerton, Jamie Foxx, Ben Mendelsohn. CC				Sky Captain and the World of Tomorrow	
CMT	Last Man	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls	Gold Girls
CNBC	Special	Shark Tank CC		Shark Tank CC		Shark Tank	
CNN	OutFront	Coronavirus: Facts and Fears: Town Hall				Cuomo Prime Time	
Comedy	Office	Office	Office	Key	Key	Key	Key
Discovery	Afraid	Naked and Afraid XL: Banished (N) CC					
Disney	Bunk'd	Sydney	Coop	Raven	Bunk'd	Bunk'd	Gabby
DIY	Pool	Insane Pools		Insane Pools		Insane Pools	
E!	Chrisley	Total Bellas CC		Total Bellas (N)		Total Bellas CC	
ESPN	:00 College Football						
ESPN2	Last Dan.	The Last Dance		The Last Dance		The Last Dance	
ESPNC	Football	College Football				College Football	
Food	Beat Flay	Beat Flay	Beat Flay	Restaurant: Im.		Summer Rush CC	
Fox News	The Story	Tucker Carlson		Hannity (N) CC		The Ingraham Angle	
Fox Sports	Grillin'	Detroit Tigers Classics From July 31, 2011. (N)					Tigers
Freefrm	6:00 ★★ The Break-Up ('06) CC	★★ Talladega Nights: The Ballad of Ricky Bobby ('06, Comedy) Will Ferrell, John C. Reilly. CC					
FX	:00 ★★★ Hidden Figures ('16, Historical Drama) Taraji P. Henson, Octavia Spencer, Janelle Monáe. CC					★★★ The Martian ('15) CC	
Golf	:00 Watch Along with Champions CC						
Hallmark	Royal Hearts	Matching Hearts ('20, Romance) Taylor Cole, Ryan Paevey. CC				Golden Girls	Golden Girls
HBO	6:55 ★★★ Joker ('19) Joaquin Phoenix. CC			We're Here ((F)) (N) CC		:15 Insecure "Lowkey Happy"	
History	Mnt. Men	Mountain Men		Mountain Men		:03 Mountain Men	
HGTV	Flip	Flip	Flip	Fix My Fail (N) CC		Hunters	Hunters
Learning	Addiction	Addiction	Addiction	Addiction	Addiction	Addiction	Addiction
Lifetime	King of Queens	King of Queens	King of Queens	King of Queens	King of Queens	King of Queens	King of Queens
MSNBC	Decision	All In With		Rachel Maddow		The Last Word	
MTV	Jersey	Jersey Shore		Ridic.	Ridic.	Ridic.	Ridic.
NBCSCH	Insd.	Chicago Blackhawks Classics					White
NFL	NFL Total	A Football Life		A Football Life		A Football Life	
Nick	Sponge.	★★ Alvin and the Chipmunks ('07)				Friends	Friends
NGEO	Drug Lord	Drug Lords: Next		Drug Lords: Next		Drug Lords: Next	
Oxygen	:00 Snapped	Killer Couples CC		Killer Couples CC		Dateline: Secrets Uncovered CC	
Parmt	Two Men	★★★ Catch Me if You Can ('02) Leonardo DiCaprio. CC					
Showtime	Back to Future	Shameless CC		Billions Chuck plots against Axe. CC		VICE CC	Californication
Starz	Once Upon	7:59 Vida "Episode 22" CC		8:55 ★★★ Out of Sight ('98) George Clooney, Jennifer Lopez, Ving Rhames. CC			
STZENC	:20 ★★★ Stan & Ollie ('18) Steve Coogan. CC			★ Holmes & Watson ('18) Will Ferrell, John C. Reilly. CC			Young Frank
SyFy	6:00 ★★ The Lost World: Jurassic Park ('97) CC (DVS)			★★ Jurassic Park III ('01, Adventure) Sam Neill, William H. Macy. CC (DVS)			
TBS	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	The Misery Index
TCM	His Girl Friday	★★ Cabin in the Sky ('43) Ethel Waters, Eddie "Rochester" Anderson. CC				★★★ Stormy Weather ('43) CC	
TMC	6:15 Twisted	★★★ Kill Bill: Vol. 1 ('03, Action) Uma Thurman, Lucy Liu, Vivica A. Fox. CC				★★★ Kill Bill: Vol. 2 ('04) CC	
TNT	:00 Bones	★★ Jack Reacher ('12) Tom Cruise. CC (DVS)					Lone Surv
Travel	Ghost	Ghost Adventures		Ghost Adventures		Portals to Hell (N)	
TV Land	Andy G.	Raymond	Raymond	Raymond	Raymond	Two Men	Two Men
USA	Law & Order: SVU	Law & Order: Special Victims Unit		Law & Order: Special Victims Unit		Chicago P.D. "Called in Dead"	
VH1	Security	Wild/Out	Wild/Out	Wild/Out	Wild/Out	Wild/Out	Wild/Out
WGN-A	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met

Woman runs low on patience for friend's drama-filled life

Jeanne Phillips
Dear Abby

DEAR ABBY: My friend "Kate" has had a lot of trauma in her life, and she feels things very deeply. She has experienced assault, the suicide of a close friend, the death of several family members, discovered she can't have children, and managed to escape an abusive relationship, all in the last five years or so.

Kate does all the things people are supposed to do when coping with grief and is doing very well. The problem is me. I find it hard to be around her because of all the drama. Intellectually, I understand none of this is Kate's fault. She isn't being attention-seeking or deliberately causing drama. But I find myself becoming impatient with her ongoing discussion of feelings. I'm not someone who feels deeply or is easily traumatized. Bad things happen, I get over it and move on. How can I learn to be the patient, caring friend she needs? – Trying To Be A Better Friend

DEAR TRYING: Quit being so hard on yourself. You are and have been a good friend. It's important that you not allow Kate's burdens to "sink" you. The two of you are very different people, and you should explain that to her as you have to me. If her trauma and drama become more than you can healthfully absorb, step back and tell her you will talk with her later, tomorrow or when it is convenient for you both, which will allow you time to come up for air.

DEAR ABBY: I am self-quarantined for a number of reasons because of the virus. I am 87 and live alone. My daughter is very concerned that I not become ill because her husband is in treatment for cancer. Obviously, she doesn't want to have to come care for me and endanger her husband's already reduced immunity.

A friend called to ask how I am doing. I told her I was self-quarantined, and she asked if I needed anything. I told her I didn't have eggs, but it was no big deal. She said she would bring me some. I sent her a text and asked her to leave them on the porch, and she said, "You mean you won't let me in the house?" She said she isn't sick and can't understand why I'm doing this. I tried to explain that you can be contagious without symptoms, but she was still insulted.

I thought everyone in the world knew the basics of quarantine, but apparently she's still taking it personally. She hasn't called for three days, and I'm heartsick. Advice? – Shut In In Arizona

DEAR SHUT IN: In spite of the fact that the federal, state and local governments are releasing information on a daily basis about the importance of social distancing and self-quarantining, there is still confusion in the minds of some of the public. Your friend is a perfect example of this. You are doing what you're doing for the right reason, and I hope you will continue, not only for your son-in-law's sake, but also for your own.

DEAR ABBY: I've been married five years, and I just discovered that my husband still has several text messages from his late wife. He thinks I shouldn't be upset about it. Am I wrong for asking him to delete them? – Feeling Betrayed In The South

DEAR FEELING BETRAYED: Yes, you are! Do not compete with a deceased spouse. Hanging on to mementoes is a way many people grieve. If the texts hold significance for him, let him have them. You're his wife now, and that's what matters.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

Injured dancer feels like she's lost her identity

Carolyn Hax

Adapted from an online discussion.

DEAR CAROLYN: Until last year, I was a professional ballet dancer. Dancing is all I ever wanted to do and I trained nonstop since I was 6. I got into a great program and as soon as I graduated, I was one of the lucky few who got a job onstage.

Last year, I fell – not while dancing – and badly fractured my leg. There were complications and it was a long, slow battle. I'm finally better and it looks like I'll dance again, but doctors have said I will not have the stamina to dance professionally, not now, probably not ever.

I'm devastated. I don't know who I am, if I'm not a dancer. People keep suggesting I can teach, but I don't have the temperament and don't really like children and don't have the experience or reputation to draw older students. I need to figure out what to do with my life but I just want to curl up and cry.

My savings are gone due to medical bills, and my boyfriend and friends are all dancers. Everyone kept telling me things would get better, but they've gotten worse. I can't tell my family since they all just want so much for me to be OK that I pretend I am. But I'm not. What do I do? – Lost

LOST: This sounds devastating, I'm sorry.

But not hopeless. "Doctors have said" is not the same thing as a certainty. If you want this, then Plan A is to go get it.

You'll need a Plan B only if Plan A proves impossible.

But work on one anyway, because there was always going to be an "after" for your dance career to some degree – and you can think through one even as you train.

I also urge you not to reject so many possible Plan B's out of hand. Can't teach, don't like kids, can't get adult students ... these are the "nopes" of someone who hasn't yet tried. As I say to my kids (who I am sure never want to hear this again): Don't cut yourself before you even try out.

You are also an artist, from the inside out. That inside hasn't changed.

And when the business of dance returns to stages, it will be the end product of multiple career paths, not just dancing – from choreography to philanthropy to physical therapy. Widen your scope. Again, just in case.

You also say your people aren't available to you as support, but withdrawing from them (preemptively?) is not the answer. The answer is to do the extra work to engage. To isolate yourself in your negative feelings is potentially dangerous to your mental health. What your family wants is for you to be well, not to get sicker from pretending you're well.

On this medical journey, were you ever evaluated for depression? It could explain your sense of hopelessness.

Even if what you're feeling isn't depression, there's still a cloud around your thinking. You have life left, you have spirit, you have value. You just don't know yet where you'll take them. That's scary but also normal; it takes time to see all the ways to take *who you still are* and put this person – who is injured, not erased – on a rewarding new path.

Email Carolyn at tellme@washpost.com, follow her on Facebook at www.facebook.com/carolyn.hax or chat with her online at noon each Friday at www.washingtonpost.com.

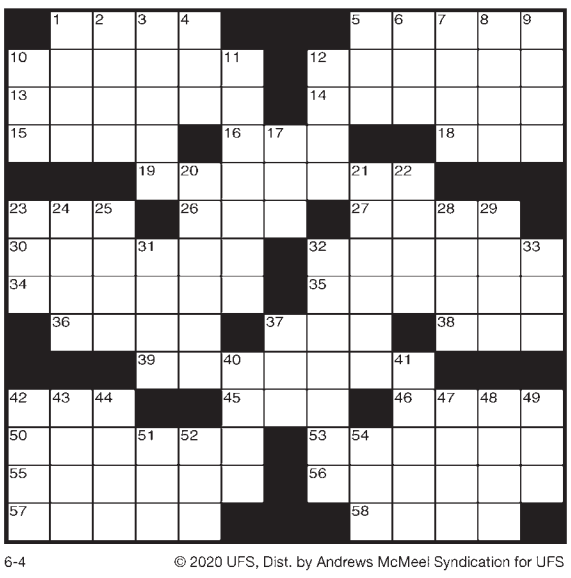
CROSSWORD

ACROSS
1 Relish
5 Joined together
10 Fix a scrapbook
12 Recall vividly
13 More or less
14 Garbo's homeland
15 Discard
16 State VIP
18 Almost-grads
19 Kind of curve
23 Even so
26 Spider's home
27 Supplies with gear
30 Gives a talk
32 Tuna relative
34 Succeeded (2 wds.)
35 Parka
36 Crooned
37 Bakery item
38 Rx givers
39 Police badges
42 No-seats sign
45 Mr., in Bombay
46 Birthday treat
50 Ear part
53 Of tulips and roses
55 Recital extra
56 Silks and satins
57 Use a loom
58 Fanatic's feeling

DOWN
1 Nothing at all
2 Swelled heads
3 Melted snow
4 Large vat
5 Hedge shrub
6 Bullring shout
7 Tykes
8 On any occasion
9 Foxes' digs
10 Long-tailed rodent
11 Most nervous
12 Invitation addendum
17 Scepter's go-with
20 "Anchors —!"
21 Wrinkle-free
22 Barcelona boy
23 — Kippur
24 Notable times
25 "I did it!" (hyph.)
28 Bind with a belt or a band
29 Galaxy unit
31 Playing cards
32 Deputy sheriff
33 Go-aheads
37 Part of mph
40 Atlas dot
41 Biscuitlike quick bread
42 Distort, as data
43 Artist — Magritte
44 Whale like Shamu
47 Caller's code
48 Benz or Malone
49 Tarzan on TV
51 Dec. neighbor
52 Afore
54 Ms. Taylor, briefly

Answer to Previous Puzzle

L	I	C	K	E	D		R	E	L	I	E	F
A	C	C	U	S	E		E	L	I	D	E	D
S	H	I	R	T	S		A	L	A	S	K	A
			T	A	E		L	E	I			
B	A	M			R	U	M		S	E	P	T
O	H	O		A	T	M	S		O	D	O	R
O	C	T		T	S	P		A	N	I	M	A
S	H	O	N	E		I	V	Y		T	A	D
T	O	R	O		G	R	I	N		O	D	E
S	O	S	O		R	E	S			R	E	D
			D	E	E		C	A	N			
C	H	O	L	L	A		O	P	A	Q	U	E
S	U	R	E	S	T		U	P	T	U	R	N
T	H	E	S	E	S		S	T	O	O	L	S



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JUMBLE

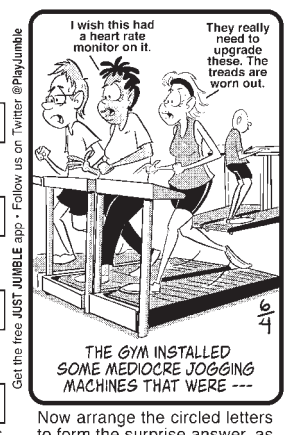
Unscramble these Jumbles, one letter to each square, to form four ordinary words.

LAMAL

DARUF

GILAOE

LANTEG


I wish this had a heart rate monitor on it.
They really need to upgrade these. The treads are worn out.
THE GYM INSTALLED SOME MEDIOCRE JOGGING MACHINES THAT WERE ---

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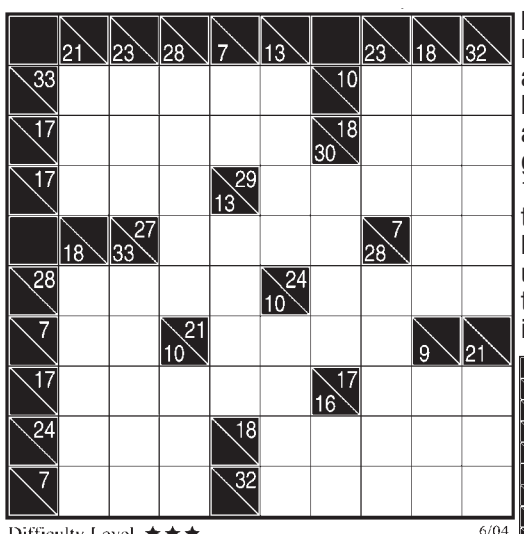
Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

THE

(Answers tomorrow)

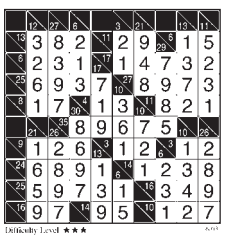
Yesterday's Jumbles: TRACT BRAVO TENANT BOOKIE
Answer: Business at the casino was on the rise and getting — "BETTOR" AND "BETTOR"

KAKURO



Difficulty Level ★★★ 6/04

How to play: Numbers above the slash are across clues; numbers below the slash are down clues. The goal is to enter digits 1-9 in the white cells to add up to the number clues. You cannot use any digit more than once when adding up to a clue.



BRIDGE

In "The Hitchhiker's Guide to the Galaxy," Douglas Adams wrote, "Space is big. You just won't believe how vastly, hugely, mind-bogglingly big it is."

First today, look at the West hand and the auction. What would you lead against three no-trump?

Sometimes a defender cannot believe that his play hit the jackpot. This deal was played 16 times at Bridge Base Online. The contract was always three no-trump, 15 times by South after this auction, and once by North after a bizarre sequence: one heart – two diamonds(!) – double (negative, showing spades) – pass – three no-trump(!!) – all pass. Note that it takes a spade lead to stop six hearts.

At 14 tables, West led a really weird spade seven. All the declarers won with dummy's ace, drove out the heart ace and claimed 12 tricks.

At the table with the strange bidding, East led the diamond king, under which West signaled with the jack. Declarer played a heart, but West won with his ace, cashed the diamond 10 and led his remaining diamond to defeat the contract.

At the last table, West started with the diamond jack, and East signaled enthusiastically with her nine. Declarer played a heart to his queen, and West, thinking that South had to have something in diamonds, ducked. When South played another heart, West ducked again! But now South had nine tricks: five spades, two hearts, one diamond and one club.

West should have believed his luck, taking the first (or second) heart and continuing with the diamond 10.

North 06-04-20
♠ A 8
♥ K J 10 9 6 3
♦ A
♣ A Q 10 7

West
♠ 7 4 3
♥ A 8 2
♦ J 10 3
♣ J 9 8 2

East
♠ 10 9 2
♥ 7 5
♦ K Q 9 5 4
♣ K 6 4

South
♠ K Q J 6 5
♥ Q 4
♦ 8 7 6 2
♣ 5 3

Dealer: North
Vulnerable: East-West

South	West	North	East
		1♥	Pass
1♠	Pass	3♣	Pass
3NT	Pass	Pass	Pass

Opening lead: ??

SUDOKU

DIFFICULTY RATING: ★★★☆☆

				3	4			
8		6		9				4
	9		7	8	2	5		6
3				2		9		5
		7		1		2		
5		8		7				1
7		2	9	6	8		1	
6				5		8		2
			2	4				

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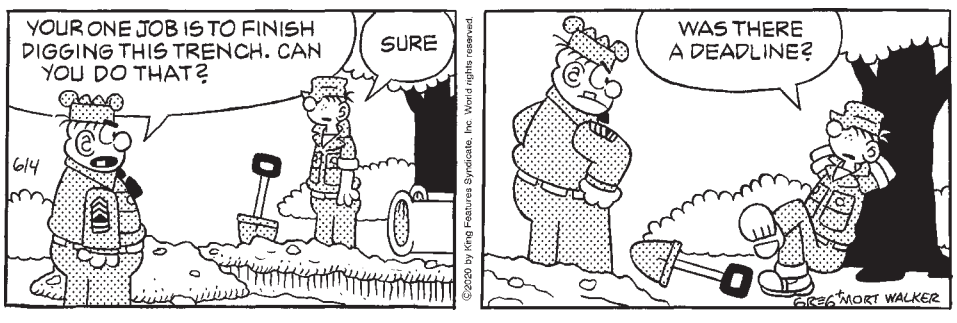
How to play: Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9.

PREVIOUS SOLUTION

8	4	3	1	9	7	5	2	6
6	9	1	5	2	3	7	4	8
5	7	2	8	4	6	9	3	1
2	1	6	9	8	5	3	7	4
9	3	8	2	7	4	1	6	5
7	5	4	3	6	1	8	9	2
1	6	5	7	3	2	4	8	9
4	8	7	6	5	9	2	1	3
3	2	9	4	1	8	6	5	7

BEETLE BAILEY


YOUR ONE JOB IS TO FINISH DIGGING THIS TRENCH. CAN YOU DO THAT?
SURE
6/4
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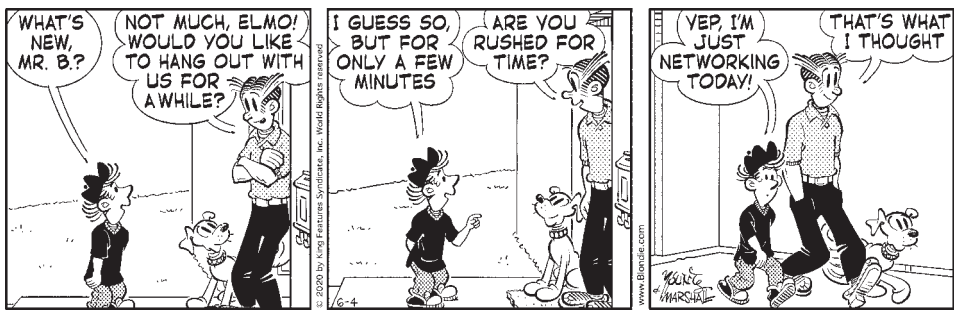
WAS THERE A DEADLINE?
GREG MORT WALKER

BLONDIE


WHAT'S NEW, MR. B.?
NOT MUCH, ELMO! WOULD YOU LIKE TO HANG OUT WITH US FOR A WHILE?
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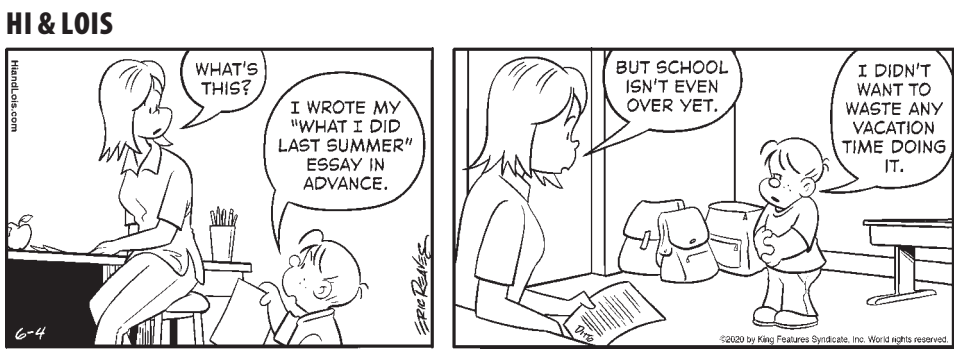
I GUESS SO, BUT FOR ONLY A FEW MINUTES
ARE YOU RUSHED FOR TIME?
6-4
YEP, I'M JUST NETWORKING TODAY!
THAT'S WHAT I THOUGHT
www.Blondie.com

HI & LOIS


Hiandlois.com
WHAT'S THIS?
I WROTE MY "WHAT I DID LAST SUMMER" ESSAY IN ADVANCE.
6-4
BUT SCHOOL ISN'T EVEN OVER YET.
I DIDN'T WANT TO WASTE ANY VACATION TIME DOING IT.
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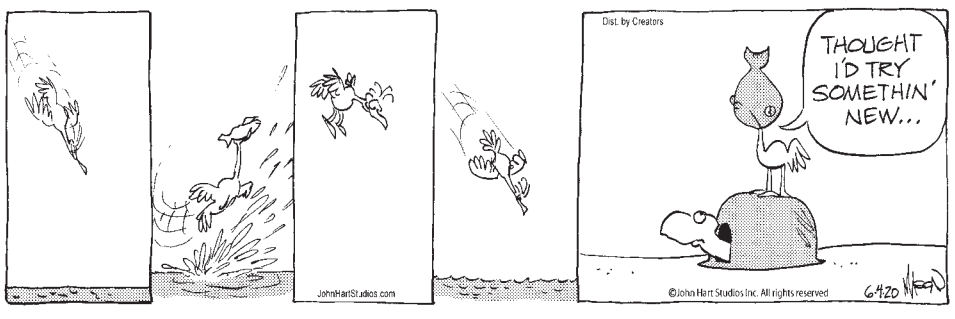
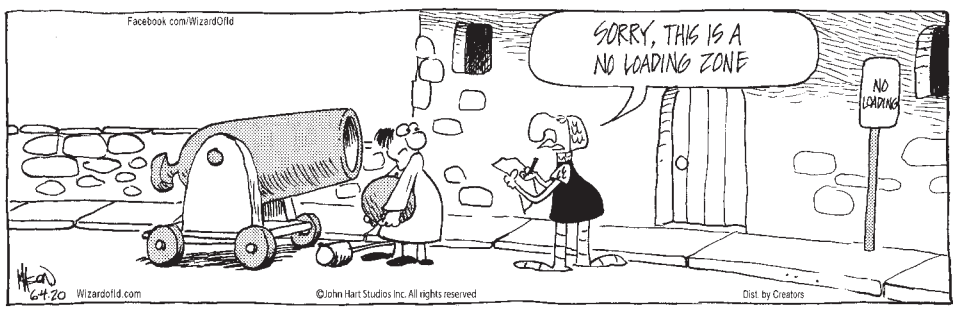
BC



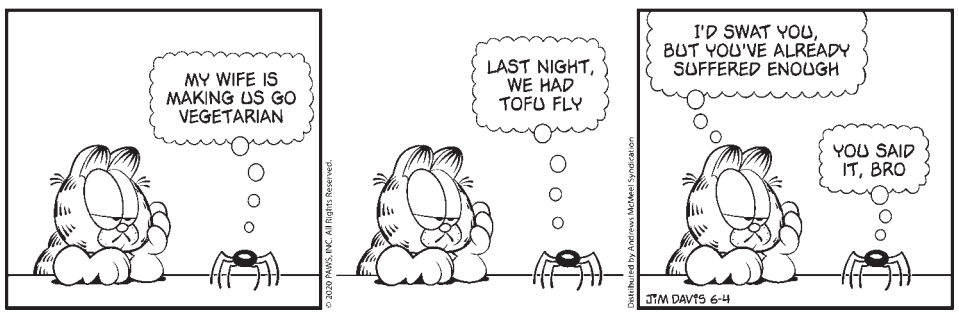
WIZARD OF ID



DILBERT

OUR FACTORIES ARE BACK ONLINE, BUT WE HAVE NO BUYERS.
REVENUE $0
DILBERT.COM @SCOTTADAMSSAYS
IT TURNS OUT THAT OUR CUSTOMER BASE OVERLAPS WITH THE PEOPLE WHO RECENTLY POISONED THEMSELVES WITH HOUSEHOLD DISINFECTANTS.
6-4-20 2020 Scott Adams, Inc./Dist. by Andrews McMeel
WHO COULD HAVE SEEN THAT COMING?
I WON A BET ON IT.

GARFIELD


MY WIFE IS MAKING US GO VEGETARIAN
LAST NIGHT, WE HAD TOFU FLY
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I'D SWAT YOU, BUT YOU'VE ALREADY SUFFERED ENOUGH
YOU SAID IT, BRO
Distributed by Andrews McMeel Syndication
JIM DAVIS 6-4

FORT KNOX

CAN I BORROW MONEY FOR LUNCH, JOE?
SURE...DID YOU FORGET YOUR WALLET?
NO, I SPENT ALL MY MONEY ON VITAMINS.
THAT'S CRAZY, FRANK!
RELAX, I HAVE A PLAN.
WHAT'S THAT?
TO MOOCH OFF OF YOU.
CHA CHING
GoComics.com/FortKnox
6/04
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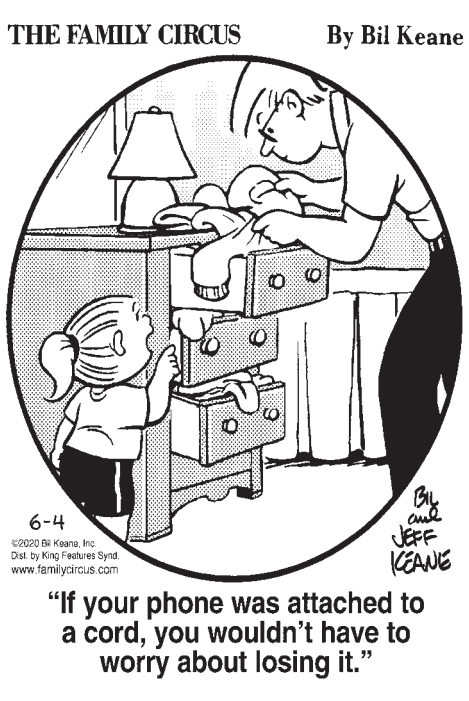
DNG!

PICKLES

DO YOU EVER WALK INTO A ROOM AND FORGET WHY YOU CAME IN?
OH, YEAH.
ME TOO. IT HAPPENED JUST THIS MORNING. I WALKED INTO A ROOM AND HAD NO IDEA WHY I WENT IN THERE.
6/4
THEN I REALIZED IT WAS THE BATHROOM.
THAT NARROWED IT DOWN TO ONE OR TWO.

FAMILY CIRCUS


THE FAMILY CIRCUS
By Bil Keane
6-4
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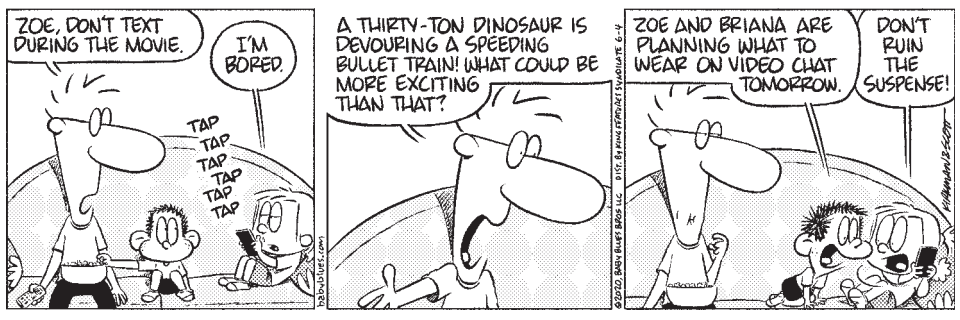
www.familycircus.com
BIL and JEFF KEANE
"If your phone was attached to a cord, you wouldn't have to worry about losing it."

DENNIS THE MENACE

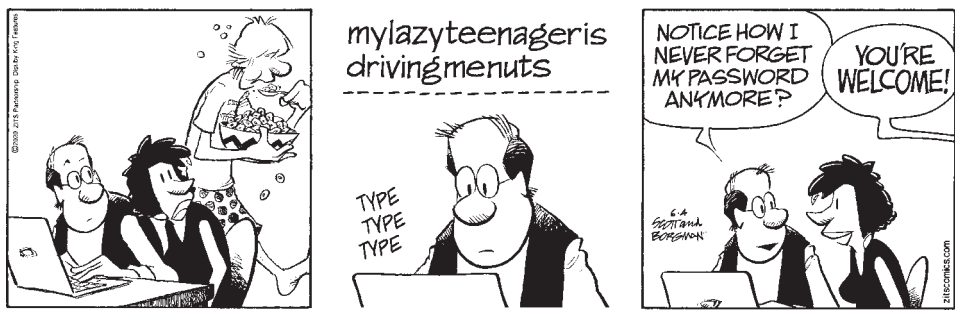
BABY BLUES


ZOE, DON'T TEXT DURING THE MOVIE.
I'M BORED.
TAP TAP TAP TAP TAP TAP
A THIRTY-TON DINOSAUR IS DEVOURING A SPEEDING BULLET TRAIN! WHAT COULD BE MORE EXCITING THAN THAT?
ZOE AND BRIANA ARE PLANNING WHAT TO WEAR ON VIDEO CHAT TOMORROW.
DON'T RUIN THE SUSPENSE!

CURTIS

I CAN UNDERSTAND HOW FRUSTRATING IT IS TO STAY INSIDE FOR SUCH A LONG TIME
I FEEL FRUSTRATED TOO!
BUT YOU BOYS ARE FINDING ANY REASON TO ARGUE, FUSS AND FIGHT, ADDING TO THE STRESS!
6-4
I HAVE TO GET OUT! I HAVE TO GET OUT! GREG! OH, GREG! GREG!
SEE WHAT YOU DID?!

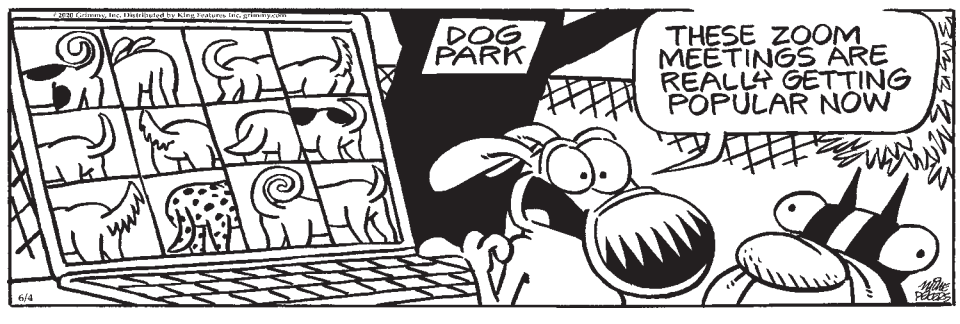
ZITS



HAGAR THE HORRIBLE

I KNOW HAGAR'S HORNS FALL OFF WHEN HE LIES...
6-4
BUT DOES ANYTHING HAPPEN IF HE TELLS THE TRUTH?
©2020 by King Features Syndicate, Inc. World rights reserved.
I CAN'T ANSWER A HYPOTHETICAL QUESTION!
BEALE

MOTHER GOOSE & GRIMM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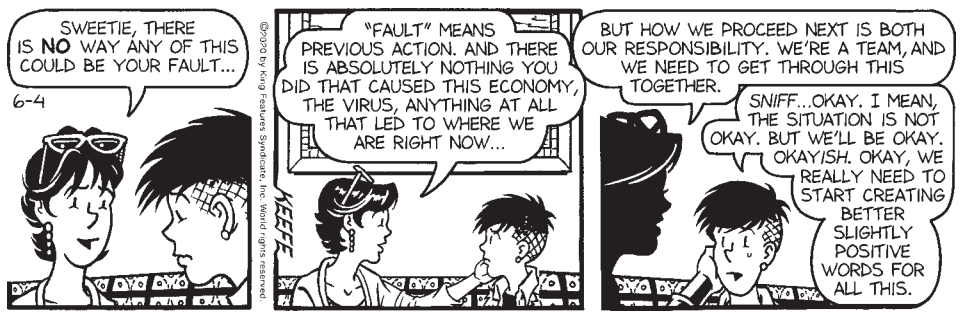
DOG PARK
THESE ZOOM MEETINGS ARE REALLY GETTING POPULAR NOW
6/4

MUTTS

SALLY FORTH


SWEETIE, THERE IS NO WAY ANY OF THIS COULD BE YOUR FAULT...
6-4
"FAULT" MEANS PREVIOUS ACTION. AND THERE IS ABSOLUTELY NOTHING YOU DID THAT CAUSED THIS ECONOMY, THE VIRUS, ANYTHING AT ALL THAT LED TO WHERE WE ARE RIGHT NOW...
©2020 by King Features Syndicate, Inc. World rights reserved.
BUT HOW WE PROCEED NEXT IS BOTH OUR RESPONSIBILITY. WE'RE A TEAM, AND WE NEED TO GET THROUGH THIS TOGETHER.
SNIFF...OKAY. I MEAN, THE SITUATION IS NOT OKAY. BUT WE'LL BE OKAY.
OKAYISH. OKAY, WE REALLY NEED TO START CREATING BETTER SLIGHTLY POSITIVE WORDS FOR ALL THIS.

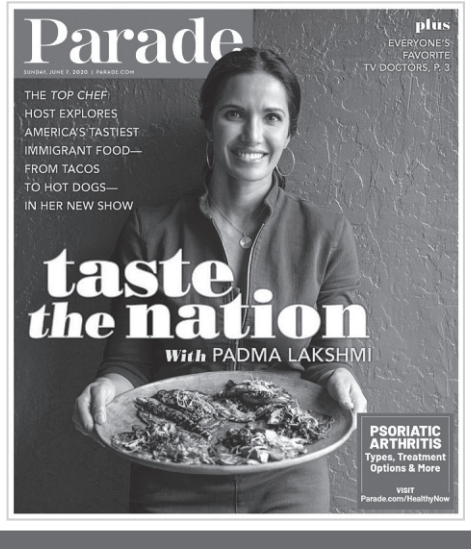
The Herald-Palladium

DON'T MISS

THIS WEEKEND'S

ISSUE

Included in Saturday's edition


Parade
SUNDAY, JUNE 7, 2020 | PARADE.COM
plus
EVERYONE'S FAVORITE TV DOCTORS, P. 3
THE TOP CHEF HOST EXPLORES AMERICA'S TASTIEST IMMIGRANT FOOD— FROM TACOS TO HOT DOGS— IN HER NEW SHOW
taste the nation
With PADMA LAKSHMI
PSORIATIC ARTHRITIS
Types, Treatment Options & More
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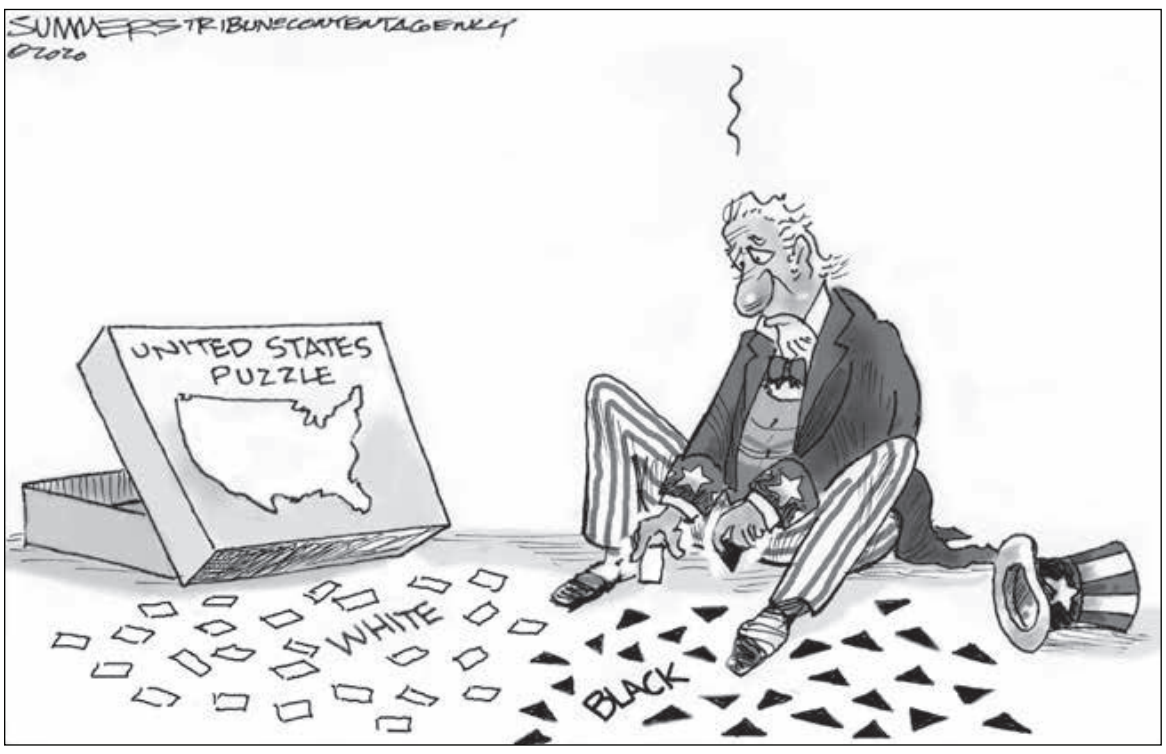
The Herald-Palladium Editorial Board: | DAVID HOLGATE Publisher | DAVE BROWN Managing Editor | DALE BREWER Local News Editor | KATIE KRAWCZAK Design Editor

Where do we go from here?



The controlled burn rages out of control

Ben Shapiro

In the wake of riots that have spread across America, leaving shattered businesses and wounded communities in their wake, it feels as though our nation is collapsing around us. That's bizarre, considering that virtually all Americans agree with the following two propositions: first, that it is evil for a police officer to place his knee on the neck of a prone suspect struggling to breathe for eight long minutes; second, that breaking store windows; stealing televisions and shoes; beating business owners; and attacking police officers is wrong. That seeming unanimity should mean unity in the face of police brutality and rioting and looting.

It doesn't.

It doesn't because members of our political class have decided that instead of rallying against obvious evil, Americans must be categorized as enlightened or benighted based on their answer to one question: Was America and is America rooted in racism and bigotry? If you answer in the negative, you are complicit in racism and bigotry, say our media, academic leaders and high-ranking members of the Democratic Party. If you answer in the affirmative, you may be categorized among the woke, the aware, the sensitive and the decent.

This is a nonsensical and dangerous game. But it's a game pressed forward by the most powerful messaging institutions in our society: our media, who award Pulitzer Prizes to *faux* history like The 1619 Project, which argues that every American institution has been fatally corrupted by America's original sin, slavery, and that every inequality of today can find its root in inequities of the past; our celebrities, who proudly proclaim that rights to free speech, property ownership and due process are merely facades for the continuing and malign maintenance of structural inequalities; and too many of our politicians, who casually attribute every instance of police brutality to deep-seated American racism.

These are lies. America's history *is* replete with racism and oppression, but that's because America didn't hold true to her founding ideals; America's philosophy is good and true, and her flaws are thanks to her failures to follow that philosophy. It is a lie to attack Americans' fundamental rights as outgrowths of persecution. And it's a damnable calumny to liken the treatment of black Americans in 2020 to the treatment of black Americans in 1960, let alone 1860. Yet we are told by our institutional elites that to point out these lies is to refuse responsibility, to provide cover for racism.

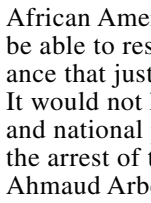
Declaring America's most fundamental structures corrupt and cancer-ridden is deeply dangerous. Once a structure has been condemned, its foundations declared unstable, it can only be destroyed. There is no way to argue that fealty to a particular political program *inside* that supposedly corrupt structure can fix the problem. Former President Barack Obama, who declares that discrimination exists in "almost every institution of our lives," and that "the legacy of slavery, Jim Crow ... that's still part of our DNA that's passed on," says that voting for local officials is the solution to police brutality and individual instances of racism. Somehow, so long as we vote for the same Democratic politicians who have governed nearly every major American city for decades, America's founding sins can be extirpated. Is anyone expected to believe this? Our elites cannot set fire to the fundamentals of America and then hope to contain that fire to occasional trips to the voting booth.

So Americans are left with a choice. We can either think of one another with charity and accuracy, acknowledging the sins of America's past while recognizing that America remains a beacon of freedom and decency. Or we can continue to follow the path of those who would tear us apart. To follow the latter course isn't sensitive or moral. It places the very existence of our common republic at risk.

Ben Shapiro is editor-in-chief of DailyWire.com.

We have a rotten tree

Leonard Pitts



After George Floyd became the latest unarmed African American killed by police.

After cars were overturned and cities were burned.

After armies of angry people filled our streets with raw screams.

After all that, a white man with an impressive title went on CNN to explain things. "I don't think there is systemic racism," opined national security adviser Robert C. O'Brien. "I think 99.9 percent of our law-enforcement officers are great Americans."

So why do these great Americans seem to have such trouble not killing unarmed black people? There are, said O'Brien just "a few bad apples that have given law enforcement a bad name."

One did not know whether to laugh or cry.

Not that there's anything new here. O'Brien comes from a school of thought common among those who are unable to face the ugly truth of this country. For them, racism is a character flaw, not unlike having a bad temper. It's something a person ought to work on, yes, but it has no larger resonance.

If, however, racism were just a rare, individual flaw, surely one of the three other officers who was on the scene when Minneapolis cop Derek Chauvin applied his knee to George Floyd's neck for almost nine minutes would have intervened before the tragedy occurred. African Americans would now be able to rest easy in the assurance that justice will be done. It would not have taken 74 days and national pressure to effect the arrest of the men who killed Ahmaud Arbery for jogging while black. And the killers of dozens of other African Americans would not be running around free.

But they didn't, they can't, it did and they are. So it is past time O'Brien and others like him mustered the guts and humanity to face facts.

There is no major institution in this country – medical, cultural, commercial, religious, journalistic, law enforcement or otherwise – that is not corroded to its bones by racism. Were that not the case, statistics would not unfailingly show African Americans at or near the bottom by every measure of success.

No one can condone the burning and looting that has wracked our nation's largest cities. And let us duly note eyewitness reports suggesting that at least some of the carnage we've seen was orchestrated, not by people heartbroken at another act of police violence upon another black body, but by agitators and opportunists operating under wholly different agendas.

That said, it would be tragic to be distracted by violence, vandalism or the criminal appropriation of black people's hurt and anger, from the moral grievance being lodged here. It is a grievance people like O'Brien never seem to hear.

They did not hear it when Langston Hughes wrote it in a poem.

They did not hear it when Martin Luther King Jr. thundered it from a mountaintop.

They did not hear it when Marvin Gaye sang it in a song.

They did not hear it when Colin Kaepernick said it with a gesture.

They do not hear it now in the wail of sirens and the crackle of flames.

There are no words for the frustration of that, for saying it every which way you know, as emphatically as you can, only to have someone like O'Brien give you gibberish in reply. How many more poems and songs, how many more speeches and burning cars do they need? After George Floyd, after Breonna Taylor, after Philando Castile, after more names and more pain than we have space to recount, the truth should be glaringly obvious. We don't have "a few bad apples."

No, we have a rotten tree.

Leonard Pitts is a columnist for the Miami Herald. lpitts@miamiherald.com.

LETTERS

It's time to listen – and act

Editor,

To be a Negro in this country and to be relatively conscious is to be in a rage almost all the time.

– James Baldwin

This quote. This explains it. This is pretty much how every black person you know feels this week. But, not just this week, all the time. This week was just the boiling point.

I understand why people are rioting. They want change. NOW.

A few years ago people tried peacefully protesting systemic racism and police brutality and people in this country lost their minds. You remember? Now that people are burning stuff down people are saying, "Why can't people protest peacefully?" It's time to stop focusing on the method of protest and focus on why people are protesting. The whole country is on fire now and we had the chance to address these issues when the protesting was peaceful. Unfortunately, we were too busy burning our Nikes to pay attention to the actual problem.

People in this country were told to limit their freedoms and needs – don't go to work, stay home, don't go out on your boat – and saw their livelihoods cut, jobs lost, struggled to pay mortgages, rent, car notes, etc. And within *four weeks* people lost their doggone minds. *Four weeks.* Black people in this country have been dealing with lack of access to quality education, jobs, housing and equal justice for *four centuries.* Begging to be heard. Begging for things to change. Imagine the rage and angst inside waiting to blow. These protests reflect centuries of the little bit that the general public tasted for a few weeks ... plus police brutality.

So, instead of asking, "Why can't people protest peacefully?", start asking: "Why is funding for education unequal?" "Why are our cities still redlined?" "Why have police been allowed to commit brutality with impunity?" (I know not all police officers are bad. That doesn't need to be stated.) "Am I voting for people who will help make systemic change for the positive?" "What do I know about the history of racism in this country?" "Do I know people with whom I can have real conversations about how all of this impacts them personally?" "Do I have the ability to sit and listen and learn from someone else's experiences and perspectives?" "What can I do after I sit and listen to make immediate and impactful change in my community and this country?"

It's time. Now. You can see for yourself that it can't wait.

Charmae Sanders
Benton Harbor

Peters has earned re-election

Editor,

Gary Peters gets results for Michigan and should be re-elected to the Senate. We are in a time of crisis and need proven leadership representing us in Washington. According to the Lugar Center rankings for 2019, Gary Peters is the 12th most bipartisan senator overall and the third most bipartisan Democrat. This means that Peters knows how to get bills passed.

Peters' bipartisan efforts have involved issues that affect all aspects of our lives. Here are just a few examples of bills that have recently been passed into law as a result of Sen. Peters' work:

1. A law to expand GI Bill-approved apprenticeships for veterans.
2. A bill to address the shortage of agricultural inspectors who protect the nation's food supply.
3. Bills to increase funding for the Great Lakes Restoration Initiative for the first time since the program was established nearly a decade ago, and expanding resources for Great Lakes fisheries programs.
4. The Affordable Insulin Approvals Now Act that will create a faster path for U.S. Food and Drug Administration approval, help promote competition, and bring lower-cost generics to market sooner.

In addition, Sen. Peters has been on the forefront of bipartisan efforts to address the coronavirus pandemic, including his work on the Coronavirus, Aid, Relief and Economic Security (CARES) Act which was signed into law on March 27.

Michigan needs Gary Peters in the U. S. Senate. Let's re-elect this hard-working senator who knows how to get things done.

Naomi Ludman
Dowagiac

Take a small step toward positive change

Pen Campbell
Opinion Maker

The coronavirus has hijacked our lives. Things that were unimaginable in January are everyday in June. The coronavirus is educating our imaginations.

It's teaching us we are much more vulnerable than we thought we were. Really big, really scary bad things – things we usually see on the news happening somewhere else to somebody else – can happen here. To our family and our friends. To us. And our country that we've had faith in, deep down, even when we questioned and protested and fumed and fought for change … our country might not lead the world in solutions. Suddenly we are, indeed, vulnerable.

Our choices are suddenly limited, and we're used to a lot of choice. Granted, some have "filet mignon at Sardi's" choices and some have "lunch at Mickey D's." And some have "I eat lunch or my kids eat lunch" choices. It's teaching us we can get by with less. And hopefully, it's teaching us to think more about those for whom getting by with less is not a choice. Across the board, this thing has forced us to imagine alternatives for so many bits and pieces and chunks of our lives.

We're thinking about what essential means. What actions, what needs, what policies are essential? Who is essential in our world? What parts of our world are essential?

What about the food chain? Maybe those nuts who have nattered on and on about whole grain crunchy granola might have a point. Things might be more interconnected than we are comfortable admitting.

What will school look like? Before the coronavirus, a computer and internet access in the hands of every (not just every suburban) student was a pipe dream. Suddenly the landscape has changed. And it's pretty hard not to see the change, because looking out the window has become an event in the Coronavirus Olympics we're all training for.

And what do we see when we look out that window literally? What about that real world, that essential world out there? The only earth we have? We've seen the pictures of clear skies over cities normally choked by smog. We've seen the pictures of turtles eager to lay their eggs clambering onto beaches suddenly free of people. These images are powerful. They are a jolt of the positive in the relentless firestorm of bad news. At first. But then we think about how drastically the world had to change to make that image possible. And no, of course we don't want that kind of cataclysmic change. But look around. It's here. Remember the really big, really scary bad things – things we usually see on the news happening somewhere else to somebody else? They're here.

And what are we going to do about it? I'm hoping, I'm really hoping, that what we're going to do is make problem solving the new sexy. Yeah. I'm hoping that we're going to get our heads out of the sand – or wherever it is that they have been – and get to work before it's too late. We've done it before, we can do it again. (Cue moonshot in background with rising patriotic music.) Actually, that's a pretty useful mantra. We've done it before, we can do it again. Also useful, if a bit more humbling, and one I have personally used for years: Other people can do this, we can do this. That one might even be a bit more useful because solving problems this big is going to take a lot of collaboration and cooperation – skills that could also stand a makeover after the beating they've been taking lately.

To get us all started, I offer this small, positive, concrete task. (Small, positive, concrete tasks are the perfect antidote to quarantine miasma, the common condition of being so overwhelmed by reality you're forced to immediately consume massive quantities of the closest unprotected carbohydrates.)

Google the Energy Innovation and Carbon Dividend Act (energyinnovationact.org) and read up on this bipartisan climate solution. Bipartisan. Climate. Solution. These words should be music to our ears. Because if they're not, the cacophonous whoosh we hear instead is likely to be our futures flushing down the drain. Just a quick teaser from the website: "The Energy Innovation and Carbon Dividend Act (H.R. 763) will drive down America's carbon pollution and bring climate change under control, while unleashing American technology innovation and ingenuity."

Another place to start is by Googling Citizens Climate Lobby, a national non-profit working toward a bipartisan solution to climate change. There you can connect with the local St. Joseph chapter for more information.

Sounds like a good start. And it is definitely time for a good start.

Pen Campbell lives in Benton Harbor.

Berrien recycling event is June 13

Berrien County residents can recycle and safely dispose of unwanted household chemicals and electronics on Saturday, June 13, at the New Buffalo Township Fire Station, 17655 Clay Street, New Buffalo, according to a news release.

The event will run from 9 a.m. to 1 p.m. This event can only accept waste from Berrien County residents. Waste from businesses, institutions and schools is not accepted.

This event is drive through only. Participants must stay in their vehicle at all times. Fees for computer monitors ($10 each) and televisions ($20 each), as well as donations, will be accepted at the beginning of the line. Have payment ready, cash or check. Exact change preferred. Other electronics are accepted at no cost.

Green Earth Electronics Recycling will be collecting all consumer electronics, which includes anything with a cord or items that run on batteries. Call Green Earth directly with questions, at 269-326-1232.

Accepted household chemicals include auto liquids, yard chemicals, cleaners, pool chemicals, solvents, oil-based paint, and stain. Also accepted are household batteries of all sizes and auto batteries, fluorescent light bulbs, and home medical waste including pills and sharps. Unwanted pills should be dumped together into a zip-lockable bag. Sharps must be dropped off in a puncture proof container.

Latex paint, or water-based paint, will NOT be accepted. Latex paint can be dried out and placed in with regular curbside trash. Other items that are not accepted are gas grill size propane tanks, ammunition, and waste from businesses.

More information can be found at www.berrien county.org. Click "Recycling Services," or follow Berrien County Government Facebook page for event updates.

Ex-UAW president pleads guilty to living high life on dues

By ED WHITE
Associated Press

DETROIT — A former president of the United Auto Workers pleaded guilty Wednesday to conspiring with others to embezzle dues to pay for golf trips, expensive meals and stays at California villas – the most significant conviction yet in a scandal that has roiled the union.

Gary Jones, who appeared by video in federal court in Detroit, acknowledged that he falsified expenses from 2012 to 2017 when he was a regional UAW director in St. Louis. He was promoted to president in 2018 but quit after 17 months as the federal investigation intensified.

Ten union officials and a late official's spouse have pleaded guilty since 2017, although not all the crimes were connected. The first wave of convictions, which included some Fiat Chrysler employees, involved money from a Fiat Chrysler-UAW training center in Detroit.

Jones, 63, pleaded guilty to two counts of conspiracy in the use of more than $1 million.

"I apologize to my UAW family for the betrayal of their trust and pray they'll forgive me," Jones said in court, quoting the Bible as he also apologized to his personal family.

Amer Elec Power AEP
$86.99 **+1.74 +2.0%**
▲ **4-wk.** +11.4% ▼ **YTD** -8.0%

Whirlpool WHR
$130.17 **+8.35 +6.9%**
▲ **4-wk.** +21.5% ▼ **YTD** -11.8%

LocalStocks

NAME	TICKER	52-WK RANGE LO	HI	◇CLOSE	CHG	%CHG	WK	MO	QTR
AT&T Inc	T	26.08	39.70	31.51	+.52	+1.7	▲	▲	▲
AEP	AEP	65.14	104.97	86.99	+1.01	+1.2	▲	▲	▲
Apple Inc	AAPL	170.27	327.85	325.12	+1.78	+0.6	▲	▲	▲
AutoZone	AZO	684.91	1274.41	1150.46	+24.47	+2.2	▲	▲	▲
BP PLC	BP	15.51	42.70	25.90	+.95	+3.8	▲	▲	▲
CMS Eng	CMS	46.03	69.12	60.14	+.64	+1.1	▲	▲	▲
CocaCola	KO	36.27	60.07	47.90	+1.00	+2.1	▲	▲	▲
Comcast	CMCSA	31.71	47.74	41.30	+.52	+1.3	▲	▲	▲
Deere	DE	106.14	180.48	158.35	+5.40	+3.5	▲	▲	▲
Disney	DIS	79.07	153.41	122.18	+3.43	+2.9	▲	▲	▲
DollarTree	DLTR	60.20	119.71	94.57	-2.41	-2.5	▼	▲	▲
ExxonMbl	XOM	30.11	77.93	49.24	+1.93	+4.1	▲	▲	▲
FifthThird	FITB	11.10	31.64	21.36	+1.15	+5.7	▲	▲	▲
1stSource	SRCE	26.07	53.42	35.23	+1.37	+4.0	▲	▲	▲
FordM	F	3.96	10.56	6.19	+.29	+4.9	▲	▲	▲
GenElec	GE	5.48	13.26	7.36	+.31	+4.4	▲	▲	▼
HomeDp	HD	140.63	252.72	251.00	-.21	-0.1	▲	▲	▲
HorizBcp	HBNC	7.42	19.48	10.87	+.62	+6.0	▲	▲	▲
HuntBncsh	HBAN	6.82	15.63	9.90	+.70	+7.6	▲	▲	▲
IDEX	IEX	104.56	178.14	165.86	+5.96	+3.7	▲	▲	▲
IBM	IBM	90.56	158.75	129.05	+3.05	+2.4	▲	▲	▲
JPMorgCh	JPM	76.91	141.10	104.27	+5.34	+5.4	▲	▲	▲
JohnJn	JNJ	109.16	157.00	148.65	+.40	+0.3	▼	▲	▲
Lowes	LOW	60.00	132.46	132.84	+.86	+0.7	▲	▲	▲
McDnlds	MCD	124.23	221.93	193.29	+5.70	+3.0	▲	▲	▲
Microsoft	MSFT	119.01	190.70	185.36	+.45	+0.2	▲	▲	▲
MillerHer	MLHR	14.39	49.88	25.02	+1.27	+5.3	▲	▲	▲
Perrigo	PRGO	40.01	63.86	55.54	-.84	-1.5	▲	▲	▲
Pfizer	PFE	27.88	44.56	36.16	...	...	▼	▼	▲
ProctGam	PG	94.34	128.09	118.53	+.47	+0.4	▲	▲	▲
RepubSvc	RSG	65.37	100.91	87.27	+.64	+0.7	▲	▲	▲
Steelcse	SCS	7.02	23.02	12.58	+.83	+7.1	▲	▲	▲
Stryker	SYK	124.54	226.30	200.70	+2.31	+1.2	▲	▲	▲
TCF Finl	TCF	16.96	47.46	32.53	+2.37	+7.9	▲	▲	▲
Target	TGT	80.03	130.24	121.73	+2.88	+2.4	▼	▲	▲
TractSupp	TSCO	63.89	124.43	122.87	-.89	-0.7	▲	▲	▲
UPS B	UPS	82.00	125.31	103.65	+2.48	+2.5	▲	▲	▲
VerizonCm	VZ	48.84	62.22	56.83	+.43	+0.8	▼	▲	▲
WEC Engy	WEC	68.01	109.53	93.96	-.01	...	▲	▲	▲
WalMart	WMT	101.40	133.38	123.47	-.47	-0.4	▼	▲	▲
WalgBoots	WBA	36.65	64.50	43.61	+.06	+0.1	▲	▲	▼
Wendys Co	WEN	6.82	24.04	22.18	+.24	+1.1	▲	▲	▲
Whrlpl	WHR	64.00	163.64	130.17	+2.04	+1.6	▲	▲	▲
Worthgtn	WOR	19.28	44.69	32.63	+1.44	+4.6	▲	▲	▲
XPO Logis	XPO	38.47	100.18	81.20	+2.23	+2.8	▲	▲	▲

WAYLAND LIVESTOCK

Wayland Livestock sales as of Tuesday, June 2. Prices are per pound.

Choice steers & heifers $1.00-$1.14

High yielding choice & prime 91 cents-96 cents

Utility cows 57 cents-71 cents

Canner & cutter cows 45 cents-65 cents

Bulls 75 cents-99 cents

Top bull calves 80 cents-$1.40

Hay $1.00-$3.40 per bale

Straw $2.00-$4.20 per bale

For information, call 792-2296 or fax 792-8055.

OBITUARIES

Nan Elizabeth Woolley

Nov. 19, 1942 – May 31, 2020

Nan Elizabeth Woolley, 77, passed away peacefully on Sunday, May 31, 2020, at Lakeland Medical Center, St. Joseph. A long-time Berrien County resident, she most recently lived at The Whitcomb in St. Joseph.

Born Nov. 19, 1942, in Spangler, Pa., to John Edwin and Mary (Wagner) Thomas, Nan was a graduate of Abington Heights High School in Clarks Summit, Pa., and the University of Pennsylvania in Philadelphia. In June of 1963, Nan married Dennis Woolley, and they had three sons and remained married for 52 years before Dennis passed away in 2015.

Nan and her young family moved to St. Joseph in 1971. She and Dennis raised their family here. The mother of three active sons, she also worked as a dental hygienist for many years. After retiring as a dental hygienist, she volunteered as a Montessori school teacher. She involved herself in several local civic organizations, including the Krasl Art Center and The Symphony League of Southwest Michigan. She was a member of St. Joseph and St. John & Bernard Catholic Parishes during her many years in the area.

Nan is survived by her sons, Andrew (Rachelle) Woolley and Benjamin (Sharon) Woolley; four adult grandchildren; and her siblings, Patricia (Edward) Gibble and John (M'Liss) Thomas.

She is preceded in death by her husband, Dennis Woolley; her son, Dennis (Chip) Woolley Jr.; and her parents.

A memorial gathering will occur at a later date. In lieu of flowers, memorial contributions may be given to the Alzheimer's Association, www.alz.org. Those wishing to leave an online condolence for the family may do so at www.starks-menchinger.com.

Sally Faye (Soard) Schwerha

April 12, 1949 – June 2, 2020

Sally Faye Schwerha, 71, of Bridgman passed away Tuesday, June 2, 2020, at Lakeland Medical Center in St. Joseph after battling pancreatic cancer for two and a half years. Her beloved husband was by her side.

Mass of Christian Burial will be held at 10 a.m. Saturday, June 6, at Our Lady Queen of Peace Catholic Church, (mask required) 3903 Lake St., Bridgman, with the Rev. Father Arthur Howard officiating. Friends may meet with the family at church from 9 – 9:45 a.m. prior to the service. Memorial contributions may be given to St. Jude Children's Research Hospital or Wounded Warrior Project. Online condolences accepted at www.PikeFH.com.

Sally was born April 12, 1949, in Kewanee, Ill., the daughter of the late Leslie and JoAnna (Brush) Soard Jr. On June 17, 1967, she married John "Jack/Toad" Phillip Schwerha. Sally earned degrees in business administration from Lake Michigan College and Siena Heights College, and her career included positions at Clark Equipment Co., Lake Michigan College and Bosch Manufacturing.

Survivors include her husband of 52 years, John; daughter, Michelle (Don) Baker; grandson, Ethan Baker; and son-in-law, Joe Gondocs.

Sally was preceded in death by her daughter, Deborah Gondocs in 2018; her son, Ronald Schwerha in 1986; and brothers, Douglas and Chuck Soard.

Arrangements have been entrusted to the Boyd Chapel of Pike Funeral and Cremations Service, 9191 Red Arrow Hwy., Bridgman. Online condolences accepted at www.PikeFH.com.

Margaret Lee Young

April 3, 1942 – May 23, 2020

Margaret Lee Young, 78, of Berrien Springs departed this life May 23, 2020, at Hanson Hospice Center, Stevensville.

Those wishing to sign the guest book online may do so at www.robbinsbrothersfh.com.

Margaret was born April 3, 1942, in Benton Harbor, to Walter and Augusta Weber. She enjoyed planting flowers around her home, especially roses and tulips. Margaret lived 50 years at the River Springs Model Home Park in Berrien Springs and was loved by her neighbors. Margaret enjoyed the outdoors and hunted and fished with her family.

Margaret is survived by her son, Richard Young, who was her caregiver.

Margaret was preceded in death by her parents, Walter and Augusta Weber; husband, LaMoyne Richard Young; and uncle, Larry Weber.

Death notices

Antoinette Beaman, 61, of Niles died June 2, 2020, at Lakeland Medical Center, St. Joseph. Brown Funeral Home and Cremation Services, Niles, 683-1155.

David N. Heuermann, 63, of Coloma died June 2, 2020, at home. Hutchins Funeral Home, Watervliet, 463-3811.

Helene M. Hoffman, 71, of Sister Lakes died June 2, 2020, at home. Clark Chapel and Cremation Services, Dowagiac, 782-2135.

Vivian Morse, 78, of Niles died June 2, 2020, at home. Brown Funeral Home and Cremation Services, Niles, 683-1155.

Betty Rosenhagen, 94, of Niles died June 1, 2020. Brown Funeral Home and Cremation Services, Niles, 683-1155.

Sally Faye Schwerha, 71, of Bridgman died June 2, 2020, at Lakeland Medical Center, St. Joseph. Pike Funeral Home, Boyd Chapel, Bridgman, 465-3239.

Dorothy Sesson, 87, of Niles died June 3, 2020. Brown Funeral Home and Cremation Services, Niles, 683-1155.

Nan E. Woolley, 77, of St. Joseph died May 31, 2020, at Lakeland Medical Center, St. Joseph. Starks & Menchinger Chapel and Cremation Services, St. Joseph, 556-9450.

Jeff Yeomans, 48, of Niles died May 30, 2020. Brown Funeral Home and Cremation Services, Niles, 683-1155.

Margaret Lee Young, 78, of Berrien Springs died May 23, 2020, at Hanson Hospice Center, Stevensville. Robbins Brothers Funeral Home, Benton Harbor, 927-3181.

David Nelson Heuermann

Nov. 1, 1956 – June 2, 2020

David Nelson Heuermann, 63, of Coloma died Tuesday, June 2, 2020, at home, surrounded by family.

David's life began Nov. 1, 1956, in Little Rock, Ark., where his father was stationed in the U.S. Air Force. He spent most of his life in Southwest Michigan, growing up first in Coloma, and then in South Haven. He returned to Coloma to live permanently where he worked for Premier Tool & Die. He also farmed fruit and vegetables. Not only did farming provide an income, but David also considered it a hobby, along with his lifelong passion for fishing. His greatest joy came in spending time with his family, especially his granddaughters.

David leaves behind a loving family to cherish his memory, which includes: his wife of 41 years, Tammy Heuermann; daughter, Hannah Heuermann; two granddaughters, Abigail Schmidt and Delilah Heuermann; his dad, Herman Heuermann; four siblings, Diane (Jeff) Landry, Richard Heuermann, Robert (Julie) Heuermann and Sue (Mike) Borr; and several nieces and nephews.

His mom, Esther (Scheffler) Heuermann, precedes David in death.

Hutchins Funeral Home in Watervliet is assisting David's family with cremation. You are invited to leave a message of comfort for David's family at hutchins funeral.com.

Helene M. Hoffman

Sept. 29, 1948 – June 2, 2020

Helene M. Hoffman, 71, of Sister Lakes passed away Tuesday, June 2, 2020, at her home.

A private memorial service will be held at a later date. Memorial contributions in Helene's name may be made to Holy Trinity Evangelical Lutheran Church and School in Wyoming, Mich. Those wishing to leave a message of condolence for the family may do so at www.clarkch.com.

Helene was born Sept. 29, 1948, in Burnham, Ill., to Frederick and Helen (Serafin) Redell. She graduated from high school in 1966. On May 1, 1971, she married the love of her life, Richard "Dick" Hoffman, at Mother of God Church in Burnham. She worked as a store manager for Famous Footwear for over 20 years before her retirement. In her spare time, she enjoyed being outside tending to her garden. She loved spoiling her grandkids and cooking for an army. Most of all she loved her family and will be greatly missed by all who knew her.

Helene is survived by her loving husband, Dick Hoffman; children, Tracy (David) Vogel and Kurt Hoffman; grandchildren, Jack, Mark and Abigail; siblings, Marilyn Bembenek and Fred Redell; and numerous nieces and nephews.

She was preceded in death by her parents; and siblings, John Redell, Anthony Redell and Darlene Hunter.

Whitmer backs police changes after deaths of Floyd, others

By DAVID EGGERT
Associated Press

LANSING — Gov. Gretchen Whitmer called Wednesday for policy changes to prevent police abuses following the killings of George Floyd and other black people, backing continuing education for officers in Michigan and legislation that would require training on implicit bias and de-escalation techniques.

She also urged law enforcement agencies to implement policies so officers must intervene if they see a colleague doing something inappropriate or illegal.

In a statement, Whitmer said the police slayings of Floyd in Minnesota and Breonna Taylor in Kentucky and the killing of Ahmaud Arbery in Georgia "were a result of hundreds of years of inequity and institutional racism against black Americans." She urged police departments to toughen their training and policies, and said she will partner with the Legislature and law enforcement to enact police-related changes into law.

Whitmer did not immediately push for changes on the use of force, however.

"We recognize the shortcomings of the systems in place today – systems that have left black, Latino and other communities of color feeling underserved, even threatened by law enforcement," said Lt. Gov. Garlin Gilchrist II, who is African American.

Even before the Democratic governor's announcement, a Republican-led Senate committee planned to hold a hearing on a Democratic-sponsored bill that would, starting in 2022, require officers to complete training on implicit bias, de-escalation techniques and mental health screening. Some Michigan police departments already mandate some form of such training, but Sen. Jeff Irwin of Ann Arbor said it should be universal.

The panel and full Senate planned to quickly pass the measure Thursday, just a week after its introduction.

House Democrats on Wednesday unsuccessfully tried amending a coronavirus spending bill to prohibit officers that receive hazard pay from using knee holds and choke holds as restraint practices. Floyd died after an officer pressed his knee into his neck for several minutes even after he stopped moving and pleading for air.

"This would be but a small first step on the long path towards achieving justice and effectuating change," said Rep. Abdullah Hammoud of Dearborn.

Since Floyd's death last week in Minneapolis, there have been several protests across Michigan against police abuses and racial injustice, with some cities instituting curfews to stop property damage. Demonstrators gathered in Detroit for a six straight night Wednesday.

Police arrested 127 people Tuesday night, mostly for violating a curfew after several warnings were given, said chief James Craig. He said 80 live outside the city and six show addresses in California, New York, Maryland and Washington, D.C.

Activist Ray Winans, alongside Craig, told reporters that while city residents will not stand for police brutality, they also will not allow neighborhoods to see fires and looting that has occurred elsewhere.

"Keep that stuff in your own cities, your states," Winans said. "We're trying to repair our neighborhoods. We're working on our houses. Please stay out of our neighborhoods. Leave everybody in the city of Detroit alone."

Whitmer requested that the Michigan Commission on Law Enforcement Standards give guidance to law enforcement agencies on continuing education. According to a 2017 report delivered to then-Gov. Rick Snyder by MCOLES, which licenses officers, Michigan was among only six states to not mandate in-service training for active-duty police.

Firearms recertification is the only annual standard required by MCOLES, though the state police require its troopers to complete annual training on other topics.

The governor said the department is working to recruit minority troopers, has created an equity and inclusion officer position, and has hired community service troopers to focus on community outreach efforts such as mentoring youth.

DO YOU REMEMBER?

25 years ago – 1995

Cooperation among five community colleges in Southwest Michigan has made it possible for students to pursue a career as a fire science or firefighting technician. The program is designed to educate and prepare individuals for positions requiring competency and leadership skills in the field of fire safety technology for municipalities, industry and business.

Two-year associate degrees and one-year certificates are currently offered through Southwestern Michigan, Kalamazoo Valley, Lake Michigan, Glen Oaks and Kellogg Community colleges.

35 years ago – 1985

Ground-breaking could start next week on the first phase of The Waterfront, a long-planned $16 million condominium project on the south side of the St. Joseph River. St. Joseph City Commissioner Joseph Hanley said he understands that construction could begin about Monday and the first phase would be a boat slip for 52 boats. The exact date for construction has not been set but was reported to be on or after June 10 in a letter from the attorney representing the developers.

50 years ago – 1970

Friends admired master craftsmanship as a crane lowered Paul Smith's 30-foot cabin cruiser onto the low boy. The Owl finally was en route to water.

Smith, of Benton Harbor, sent for plans from Cleveland Boat and Blueprints Co. in 1956. A master mechanic, Smith decided to substitute steel for wood and built the boat in his backyard on Mizpah Park Road. The Owl weighs 7-1/2 tons and can carry eight in comfort. Smith said shakedown cruises this summer will lead to a trip down the Mississippi River to Florida next fall.

TODAY IN HISTORY

By THE ASSOCIATED PRESS

Today is Thursday, June 4, the 156th day of 2020. There are 210 days left in the year.

Highlight in history:

On June 4, 1998, a federal judge sentenced Terry Nichols to life in prison for his role in the 1995 bombing of the Alfred P. Murrah Federal Building in Oklahoma City.

On this date:

In 1812, the Louisiana Territory was renamed the Missouri Territory, to avoid confusion with the recently admitted state of Louisiana. The U.S. House of Representatives approved, 79-49, a declaration of war against Britain.

In 1919, Congress approved the 19th Amendment to the U.S. Constitution, guaranteeing citizens the right to vote regardless of their gender, and sent it to the states for ratification.

In 1939, the German ocean liner MS St. Louis, carrying more than 900 Jewish refugees from Germany, was turned away from the Florida coast by U.S. officials.

In 1940, during World War II, the Allied military evacuation of some 338,000 troops from Dunkirk, France, ended. British Prime Minister Winston Churchill declared: "We shall fight on the beaches, we shall fight on the landing grounds, we shall fight in the fields and in the streets, we shall fight in the hills; we shall never surrender."

5-Day Forecast for St. Joseph

Today	Tonight	Friday	Saturday	Sunday	Monday
Mostly Sunny	Partly Cloudy	Few Showers	Sunny	Partly Cloudy	Mostly Sunny
78°	65°	76° / 63°	72° / 60°	74° / 63°	79° / 67°

Local Outlook

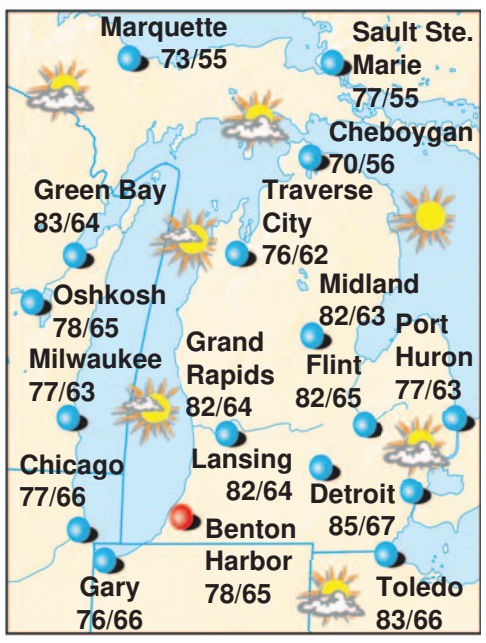
Today we will see mostly sunny skies with a high temperature of 78°, humidity of 61%. Southwest wind 2 to 5 mph. Expect partly cloudy skies tonight with a slight chance of showers, overnight low of 65°. Light winds.

Sun and Moon

Sunrise	6:10 a.m.
Sunset	9:17 p.m.
Moonrise	8:13 p.m.
Moonset	5:25 a.m.

Full	Last	New	First
6/5	6/13	6/21	6/28

Regional Map



Local Almanac

Benton Harbor Yesterday

Temperature

High	79°
Low	67°
Normal High	76°
Normal Low	54°
Record High	89° in 2017
Record Low	42° in 2013

Precipitation

Yesterday	0.00"
Month to date	Trace
Normal for month	0.39"
Year to date	18.96"
Normal Year to date	13.37"

Air Quality

Yesterday	84
Main Offender	Ozone

The higher the number, the greater the need for people with respiratory problems to reduce outside activity.

0-50	Good
51-100	Moderate
101-150	Sensitive
151-200	Unhealthy

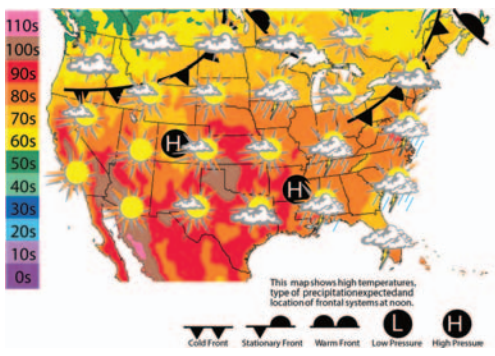
Weather Trivia

Who may issue severe weather watches and warnings in the United States?

Answer: Only the National Weather Service.

National Weather Map

Forecast map for June 4, 2020



For latest weather updates: **www.UpdatedWx.com/HP**

Lake Michigan

Today, Variable winds 5 kt or less. Waves around 1 ft. Water temperature 63 degrees. Tonight, Variable winds 5 kt or less. A slight chance of showers. Waves around 1 ft.

Michigan Forecast

Upper Peninsula

Today, skies will be sunny to partly cloudy with highs in the 70s. East southeast wind 1 to 6 mph. Expect partly cloudy to mostly cloudy skies Friday with scattered showers and thunderstorms, highs in the 60s and 70s.

Lower Peninsula

Today, skies will be partly cloudy with highs in the 70s and 80s. Southwest wind 2 to 5 mph. Expect partly cloudy skies Friday with scattered showers and thunderstorms, highs in the 70s and 80s. West southwest wind 2 to 7 mph.

MICHIGAN

From page A1

fund drops below a certain balance and allocate $200 million to businesses – $188 million to qualifying small businesses with 500 or fewer workers and $12 million to agriculture processing plants.

Grants would be capped at $1,000 per plant employee and $5,000 per small business.

The federal funding also would be used to give a $3 an hour raise to nursing home employees and home care workers, up to $1,000 in bonus pay for first responders and grants to child care providers to reduce costs. There also is money to provide testing supplies and personal protective equipment for nursing, home health and day care facilities.

The Republican-controlled House held off on voting as discussions continued with the Democratic governor.

Visitation

State Department and Health and Human Services Director Robert Gordon issued exceptions to allow visitors inside hospitals, outpatient clinics and doctor's offices. There must be designated entrances, screening for COVID-19 symptoms and mask requirements. People are strongly discouraged from visiting those at risk of severe virus complications, such as older adults and patients with underlying conditions.

Hospitals also must make available onsite and offsite alternatives to in-person visits like video or audio calls.

"Sometimes a visitor can be just the medicine a hospitalized patient needs to help them through their recovery," Gordon said in a statement.

FOIA

In early April, Whitmer issued an order suspending strict deadlines for complying with Freedom of Information Act requests to account for public employees not working in person. She also let governments defer responses by up to two months if COVID-19 or related response efforts interfere.

On Wednesday, she extended the order by six days and repealed it starting June 11.

Cases

The state reported 17 additional coronavirus-related deaths, for a total of 5,570. There were 304 more cases, raising the total to about 58,000. The seven-day rolling average of new cases was the lowest since late March, when cases were surging and the governor issued stay-at-home and other orders to curb the spread.

New 2020 Ford Edge SEL AWD # 2055

SAVE $10,000

MSRP $39,770 Now $29,770

Or lease for $359.00* per month with Zero down.

New 2020 Ford Eco-sport # 2039

SAVE $4,626

MSRP $21,580 Now $16,954

Or get 0% for 72 month in lieu of rebate.

New 2020 Ford Explorer XLT 4WD # 2056

SAVE $7,848

MSRP $47,100 Now $39,252

Or get 0% for 60 and $3,000 in rebate.

Or lease for $399.00* per month with Zero down

2010 Dodge Grand Caravan SXT # 9151B

118,000 miles/ One owner

NADA $7981 Now $6,900

2018 Ford Focus SE #P1649A

25,000 Miles/Local trade-in

NADA $14,550 Now $ 12,500

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New 2020 Ford Ranger Super Cab 4X4 #2030

SAVE $4,275

MSRP $32,265 Now $27,990

Or get 0% for 72 month In lieu of rebate.

New 2020 Ford F-150 XLT Crew Cab 4X4 #2071

SAVE $11,562

MSRP $50,875 Now $39,313

Or lease for $399.00* per month with Zero down.

New 2020 Ford F-150 Long Bed XL Chrome Pkg. 4X4 #2061

SAVE $7,655

MSRP $38,635 Now $30,980

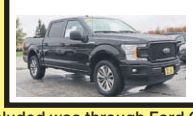
Or get 0% for 72 month In lieu of rebate.

2018 Subaru Forester Premium # P1674

83,000 miles/ Clean Car Fax

NADA $18,925 Now $17,800

2018 Ford F 150 4X4 Crew Cab #P1688



55,000 Miles / One Owner

NADA $31,725 Now $26,900

* Ford returning leases rebate applies 10500 miles per year/taxes, doc fee and plates excluded wac through Ford Credit

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